

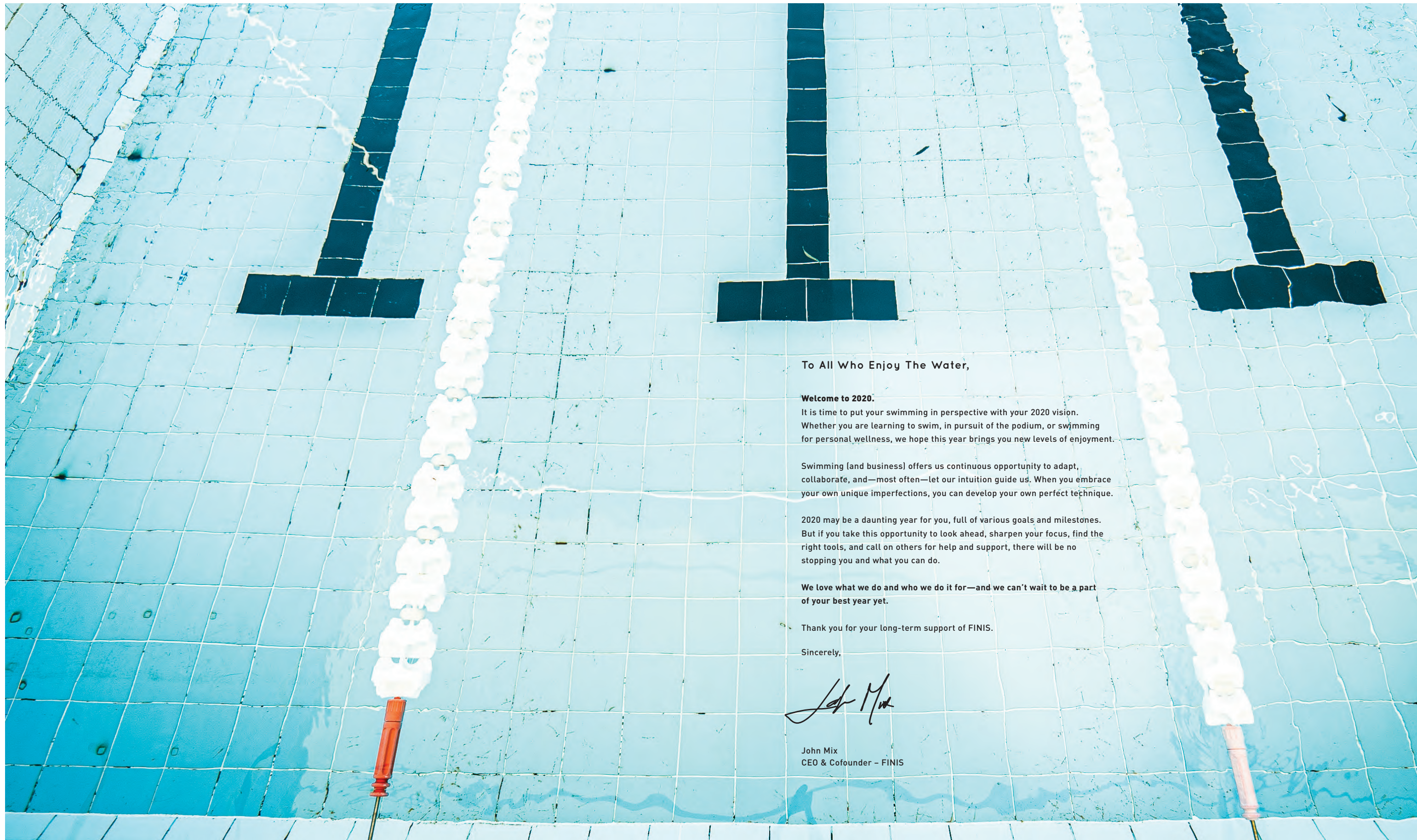


2019-2020 PRODUCT CATALOG



FINISswim.com

LIA NEAL
2X OLYMPIAN



To All Who Enjoy The Water,

Welcome to 2020.

It is time to put your swimming in perspective with your 2020 vision. Whether you are learning to swim, in pursuit of the podium, or swimming for personal wellness, we hope this year brings you new levels of enjoyment.

Swimming (and business) offers us continuous opportunity to adapt, collaborate, and—most often—let our intuition guide us. When you embrace your own unique imperfections, you can develop your own perfect technique.

2020 may be a daunting year for you, full of various goals and milestones. But if you take this opportunity to look ahead, sharpen your focus, find the right tools, and call on others for help and support, there will be no stopping you and what you can do.

We love what we do and who we do it for—and we can't wait to be a part of your best year yet.

Thank you for your long-term support of FINIS.

Sincerely,

John Mix
CEO & Cofounder – FINIS

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OLYMPIC GOLD MEDALIST, WORLD CHAMPION

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#TEAMFINIS

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#TEAMFINIS

our mission

We simplify swimming through innovation, high-quality products and a commitment to education.

our vision

We exist to help every person in the world enjoy the water.





HENRI SCHOEMAN
2016 OLYMPIC BRONZE MEDALIST

CALIFORNIANS

The storied sense of adventure and draw to the water is in our blood – our products come to life here, we work here and most importantly, we live here. Located in the Bay Area, we are inspired by the nearby oceans, lunchtime swims and a widespread culture of innovation.



OLIVIA SMOLIGA ANTHONY ERVIN

SWIMMERS

We are swimmers, and we get it. Our understanding of swimmers of all abilities comes from within – we represent the full aquatic spectrum, from beginners to Olympians.



OLIVIA SMOLIGA
OLYMPIC GOLD MEDALIST, WORLD CHAMPION

FOR THE ATHLETE

Because we understand that improving technique is the secret to swimming faster, our products help athletes of all abilities master the basics as a means to excellence.



DAVE SCOTT
6X IRONMAN CHAMPION

FOR THE COACH

Our products offer coaches a tool kit for instructing and reinforcing the fundamental skills of swimming, both on and off the pool deck.

WHO WE ARE

WHAT MAKES US #TEAMFINIS



COACHES

We are proud of our coaching backgrounds and we share a deep-rooted passion for helping athletes and coaches alike. Many of our products are unique, perhaps even strange at first glance, and require an element of education, which we are happy to provide. Whether it is at a swim meet, clinic, or even over the phone, we seize every chance we have to share our knowledge.



INVENTORS

Call us nerdy, but we are obsessed with the fine details of swimming. Our elite team of industrial designers is dedicated to developing the next big thing – but we are not in this alone! We collaborate with an extended family of swimmers and coaches around the world to stay at the forefront of swimming technology. Have a great idea? We invite you to share your thoughts with us!

WHAT WE DO

WE SIMPLIFY SWIMMING...



FOR THE BEGINNERS, BOTH YOUNG AND OLD

We make learning to swim more comfortable and fun, because we want everyone to have the chance to enjoy swimming.



JOHN MIX
CEO & COFOUNDER

FOR THE LIFELONG SWIMMERS

"Swimming until the day I die" is a phrase often heard around the halls of the FINIS headquarters. Our products allow swimmers to do just that - to live a mentally and physically healthy lifestyle.

TRAINING GEAR



new!

STABILITY SNORKEL: SPEED

bracketless™ competitive center-mounted snorkel

In 1995, FINIS created the first centermount snorkel for the competitive swim market. The widespread use of snorkels helped identify two common complaints: head brackets HURT, and the earthquake experience you get off every wall is enough to drive you crazy. Seeing the market need, we invented a solution to these problems: the Stability Snorkel Series. The first of its kind, these bracketless™ snorkels are so comfortable and stable that you will forget you are wearing one. The Speed Snorkel is designed specifically for competitive swimmers who train at high speeds.

STYLE: 1.05.021

STABILITY SNORKEL REPLACEMENT STRAP WITH BUCKLE | STYLE: 1.05.032

● YELLOW (104) ○ WHITE (100)

● BLACK (101) ● TEAL (328)

PATENTS PENDING



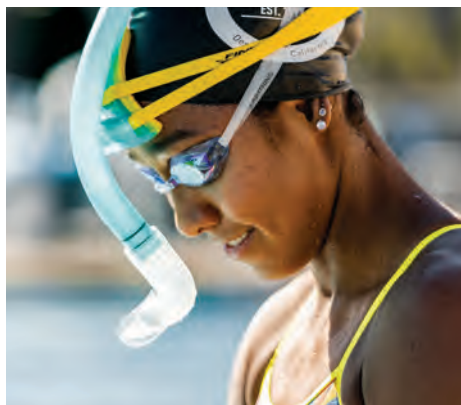
LOSE THE BRACKET, GAIN STABILITY

No more dealing with uncomfortable head brackets! This snorkel features a cushioned resting spot that fits the natural curve of your forehead



MINIMAL STRAP FOR LESS PRESSURE

Dual silicone strap distributes pressure evenly around your head



PATENTED PIVOT MOUTHPIECE

The silicone mouthpiece pivots to the side so you can quickly grab a drink of water or chat with your friends before the next set



OLIVIA SMOLIGA
OLYMPIC GOLD MEDALIST, WORLD CHAMPION



CAMERON MCEVOY
2X OLYMPIAN, OLYMPIC BRONZE MEDALIST



LIA NEAL
2X OLYMPIAN

ORIGINAL SWIMMER’S SNORKEL

technical & training snorkel

Allows swimmers to focus on stroke technique without the interruption of turning the head to breathe. The center-mount design accommodates a full range of motion for butterfly, breaststroke and freestyle.

REPLACEMENT PURGE VALVE | STYLE: 1.05.010.101

REPLACEMENT HEAD BRACKET | STYLE: 1.05.017.101

- 1
- 2

Jr Size (pg. 100)



GLIDE SNORKEL

technique & training snorkel

Introductory technique and training snorkel, ideal for fitness and team training. The center-mount design accommodates a full range of motion for butterfly, breaststroke and freestyle.

STYLE: 1.05.002

REPLACEMENT HEAD BRACKET | STYLE: 1.05.017.101

- 1
- 2



FREESTYLE SNORKEL

designed for freestyle

Allows swimmers to focus on freestyle stroke technique without the interruption of turning the head to breathe. The curved design promotes proper head position and body alignment to maximize stroke efficiency. Reinforced stability allows for full range of motion at all speeds, including flip turns. Ideal for a lower hand position for sprint freestyle training.

STYLE: 1.05.001 | U.S.A. PATENTED

REPLACEMENT HEAD BRACKET | STYLE: 1.05.017.101



new!
FLOATING AGILITY PADDLES
 strapless technique paddles

Ergonomically-advanced design teaches an early vertical forearm position to increase stroke efficiency. The convex shape requires a proper palm positive hand position. Due to the paddles' strapless design, incorrect technique will cause the paddles to fall off.

STYLE: 1.05.145 | U.S.A. PATENTED

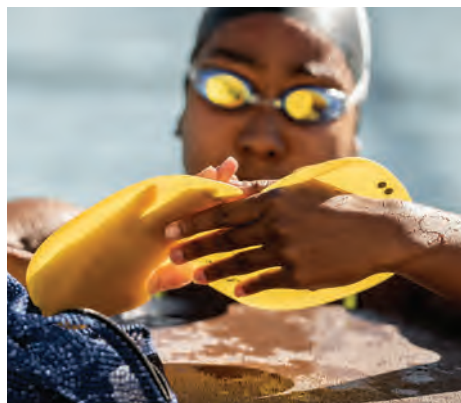
Jr Size (pg. 103), Size Chart (pg. 130)

LIA NEAL
 2X OLYMPIAN



INSTANT FEEDBACK

Paddles will remain in place if you keep a high elbow throughout the pull phase of your stroke (early vertical forearm position)



STRAPLESS DESIGN

Ergonomic shape designed to fit the natural contour of the hand – Apply pressure with your palm to keep on, do not grip



HEIGHTENS STROKE AWARENESS

Convex design brings awareness stroke imperfections and increases your feel for the water



CAMERON MCEVOY
 2X OLYMPIAN, OLYMPIC BRONZE MEDALIST



ISO PADDLES

strapless isolation paddles

Iso paddles are strapless paddles designed to isolate specific muscle groups, develop proper hand position and heighten stroke awareness. Iso paddles are uniquely designed to create an imbalance in the catch phase of a stroke, which forces swimmers to apply more pressure on either side of the paddle in order to maintain a proper stroke.

STYLE: 1.05.033 | PATENT PENDING

Size Chart (pg. 130)



OUTSIDE ISOLATION

Using the edge on the outside (grey on left, yellow on right) allows swimmers to isolate and engage the triceps and trapezius muscles



SELF-CORRECT TECHNIQUE

Increases the 'feel for the water' and allows swimmers to make adjustments to improve stroke technique



INSIDE ISOLATION

Using the edge on the inside (yellow on left, grey on right) allows swimmers to isolate and engage the pectoral, bicep and deltoid muscles



OUTSIDE ISOLATION

Recommended for freestyle & backstroke



INSIDE ISOLATION

Recommended for butterfly & breaststroke



INSTINCT PADDLES

strapless sculling paddles

The ergonomically-advanced design teaches correct palm positive hand position while sculling. The convex shape isolates stroke movements, bringing attention to small stroke imperfections.

STYLE: 3.05.002 | U.S.A. PATENTED

Size Chart (pg. 130)



FREESTYLER PADDLES

freestyle training paddles

Specifically designed for freestyle training, the long fin shape and surf-skeg design planes the hand forward through the water, improving distance-per-stroke. Promotes a strong pull-through and better hip rotation. The narrow profile prevents shoulder strain.

STYLE: 1.05.020.50
REPLACEMENT TUBING | STYLE: 1.05.029

Jr Size (pg. 103)



FOREARM FULCRUMS SR

early vertical forearm tool

Develops early vertical forearm (EVF) and increases stroke efficiency. An EVF position utilizes the forearm through the pull, from fingertips to elbow. Promotes stroke refinement through muscle memory of the proper hand, wrist and forearm position.

STYLE: 1.05.028.5 | U.S.A. PATENTED

Jr Size (pg. 103)



BOLSTER PADDLES

early vertical forearm paddles

Encourages an early vertical forearm (EVF) position and increase stroke efficiency. An EVF position utilizes the entire forearm during the pull, creating uniform application of force from fingertips to elbow. This creates and sustains longer peak velocity through the power phase of the stroke pull. At the same time it grooves neural pathways for stroke specific strength. Correct stroke refinement is promoted through muscle memory of proper hand, wrist and forearm position. The Bolster paddles are a versatile tool for all four swim strokes.

STYLE: 1.05.026
REPLACEMENT TUBING | STYLE: 1.05.029



EDGE FINS

muscle-building training fins

The Edge fins are designed to improve technique and give your legs a real workout. It takes power to push these fins through the water, which results in building strength and endurance. The side rails on the fin activate your hips and quadriceps – enforcing a proper kick that starts at your hips and not your knees. This motion is great for glute and hamstring development.

STYLE: 2.35.050

Size Chart (pg. 130)

ANTHONY ERVIN
3X OLYMPIC GOLD MEDALIST, WORLD CHAMPION



ALL-PURPOSE CARDIO TRAINING

Designed to be worn during aerobic and anaerobic training to increase your endurance and speed



INDUSTRY-LEADING COMFORT

Ergonomic contours maintain constant connection with the top of the foot to prevent skin irritation and tension



ENGAGES KEY MUSCLE GROUPS

Designed to catch water on the up-kick, activating hamstrings and glutes



ANTHONY ERVIN
3X OLYMPIC GOLD MEDALIST, WORLD CHAMPION



CAMERON MCEVOY
2X OLYMPIAN, OLYMPIC BRONZE MEDALIST



Z2 GOLD ZOOMERS®

short blade swim fins

The comfort of natural rubber creates a secure fit and inhibits hyperflexion. The fluid separator on top of the fin helps reduce fatigue. The flex box on the bottom of the fin catches water on the up-kick to build muscle. An ideal training fin for drill progression.

STYLE: 2.35.004 | U.S.A. PATENTED

Jr Size (pg. 104) | Size Chart (pg. 130)



ZOOMERS® GOLD

short blade training fins

Short blade encourages shorter, faster kicks for added propulsion through the water. Natural rubber provides a secure and comfortable fit. An ideal training fin for cardiovascular conditioning and speed training.

STYLE: 2.35.003 | U.S.A. PATENTED

Size Chart (pg. 130)



POSITIVE DRIVE FINS

four stroke training fins

Ellipsoidal blade generates correct propulsion in all four swim strokes, including breaststroke. The short, wide blade design promotes an inward supination kick style to improve foot speed and ankle flexibility. An ideal training fin for the individual medley.

STYLE: 2.35.100

POSITIVE DRIVE FIN REPLACEMENT STRAP | STYLE: 2.35.102.06

Jr Size (pg. 104) | Size Chart (pg. 130)



LONG FLOATING FINS

floating swim fins

Long, hydrodynamic blade lifts legs for a more propulsive kick. Added buoyancy reduces drag and builds leg strength. The closed heel design provides protection against hyperflexion of ankles and increases comfort. An ideal training fin for all ages and abilities.

STYLE: 1.05.037

Color-Coded By Size | Jr Size (pg. 104) | Size Chart (pg. 130)





OLIVIA SMOLIGA
OLYMPIC GOLD MEDALIST, WORLD CHAMPION

EVO MONOFIN

quick-tempo monofin

The Evo is the first and only short-blade monofin designed to teach swimmers an efficient dolphin kick, build muscle memory, and create perfect body position in the water. We achieved our goal of designing a monofin that supports a natural dolphin kick by enabling ankle movement.

STYLE: 1.35.029.104

Size Chart (pg. 130)



SHORT BLADE INCREASES TEMPO

Allows swimmers to keep a quick tempo during underwater dolphin kick and increases stroke rate during full-stroke butterfly



EMPHASIZES THE UP-KICK

Creates extra resistance on the up-kick to build muscle and generate a powerful kick cycle



PATENT-PENDING DESIGN

The foot pockets' flexible connector enables swimmers to keep a natural kick – allowing the feet to angle in on the down-kick and out on the up-kick



CAMERON MCEVOY
2X OLYMPIAN, OLYMPIC BRONZE MEDALIST



CAMERON MCEVOY
2X OLYMPIAN, OLYMPIC BRONZE MEDALIST



FOIL MONOFIN
technique monofin

Teaches the foil body motion developed and made popular by Coach Bob Gillett. Promotes an equal use of up and down kicks for propulsion throughout the entire dolphin kick, increasing core and leg strength. Natural rubber provides a secure and comfortable fit.

STYLE: 1.35.012 | U.S.A. PATENTED

Size Chart (pg. 130)



SHOOTER MONOFIN
short blade monofin

Short fiberglass blade is ideal for competitive swimmers who want to develop a quick, powerful dolphin kick while improving flexibility in feet and ankles. Allows for high speed training that targets core and leg muscles.

STYLE: 1.35.004 | U.S.A. PATENTED
[ASSEMBLED IN THE USA]

Color-Coded By Size | Size Chart (pg. 130)



TRAINER 1 MONOFIN
swim training monofin

Long flexible fiberglass blade is ideal for competitive swimmers who want to improve body balance and stroke timing, while strengthening core muscles. Corrects dolphin kick technique by generating kick from hips and chest instead of knees.

STYLE: 1.35.005
[ASSEMBLED IN THE USA]

Color-Coded By Size | Size Chart (pg. 130)



COMPETITOR MONOFIN

professional freedive monofin

Hand-tapered fiberglass blade and durable rubber foot pocket create a whip-like action at the end of each kick and supply compounded resistance for maximum propulsion. Ideal for freedivers, fin swimmers and water sport enthusiasts.

STYLE: 1.35.007
[ASSEMBLED IN THE USA]

Color-Coded By Size |Size Chart (pg. 130)



RAPID MONOFIN

recreational adult monofin

Teaches teens and adults proper undulation in the water and builds core and leg muscles. The blade flexibility provides speed without causing added strain on ankles. Built-in stability ridge provides proper flexion, and an adjustable heel strap offers a customizable fit.

STYLE: 1.35.003 | U.S.A. PATENTED
RAPID REPLACEMENT STRAP | STYLE: 1.35.009



WAVE MONOFIN

recreational youth monofin

Teaches younger swimmers the undulation needed for a proper dolphin kick while building leg strength and water confidence. The quick-release foot straps provide safety in the water.

STYLE: 1.35.001 | U.S.A. PATENTED
WAVE REPLACEMENT STRAP | STYLE: 1.35.008





AXIS BUOY

dual-function pull buoy

Dual-function design improves body position and builds upper body and core strength. The ergonomically designed keyholes allow swimmers to easily move the buoy from ankles to legs. The EVA foam provides durability and prevents skin irritation.

STYLE: 1.05.041

Small Size (pg. 100)

OLIVIA SMOLIGA
OLYMPIC GOLD MEDALIST, WORLD CHAMPION



PROMOTES ELEVATED BODY POSITION

Lifts hips and legs for proper technique



ERGONOMIC KEYHOLES

Easy to transfer the buoy between ankles and legs



IMPROVES HIP ROTATION

Calls for focus on hips while pulling to build core strength

FOAM PULL BUOY SR

leg buoy

Immobilizes legs and provides lift to build upper body strength and increase focus on proper hip rotation. The EVA foam provides durability and prevents skin irritation.

STYLE: 1.05.036.50

Jr Size (pg. 100)



ALIGNMENT KICKBOARD

streamline kickboard

Hydrodynamic design and stabilizing hand strap allows control over the board without gripping, creating perfect alignment from fingertips to toes. When paired with a snorkel, it encourages proper head alignment and improves overall technique. The EVA foam provides durability and prevents skin irritation.

STYLE: 1.05.042 | U.S.A. PATENTED



FOAM KICKBOARD SR

standard kickboard

Builds leg strength by immobilizing arms. The EVA foam provides durability and prevents skin irritation.

STYLE: 1.05.035.50

Jr Size (pg. 100)



MALLORY WEGGEMANN
PARALYMPIC GOLD MEDALIST





HYDRO HIP

core strengthening tool

Bilateral blade promotes proper timing of hips, arms and body. Adds resistance to improve core strength and builds muscle groups that aid in full body rotation. Ideal for drills or technique-focused training sessions.

STYLE: 1.05.007



TECH TOC

audible hip rotation training tool

Utilizes a ball bearing and acoustic amplifiers to create sound as the device is tipped from side to side. Provides immediate audio feedback to teach proper timing and hip rotation.

STYLE: 1.05.014



DRAG+FLY™

adjustable swim chute

Sleek, versatile and durable, designed to maximize the power of resistance training for every fitness goal. With the advanced Resistance Zip System, swimmers and coaches can easily adjust the level of intensity to take strength and endurance training to the next level.

STYLE: 1.05.103 | U.S.A. & AUSTRALIA PATENTED





SWIM PARACHUTE

resistance parachute

A comfortable, adjustable nylon belt connected to a durable parachute creates resistance during workout. The added resistance builds muscle and endurance. Compatible with all four swim strokes and does not interfere with kicking or flip turns.

STYLE: 1.05.110

- 1 RED 8" (102)
- 2 NAVY 12" (106)



JACK CARTWRIGHT
WORLD CHAMPIONSHIP FINALIST



DRYLAND CORD

resistance stretch cord

Durable rubber tubing and comfortable handles designed to simulate swimming movements to build strength and improve range of motion. Available in three different resistances for swimmers of all ages and abilities.

STYLE: 1.05.113

- 1 YELLOW (104) - LIGHT RESISTANCE
- 2 GREEN (105) - MEDIUM RESISTANCE
- 3 RED (102) - HEAVY RESISTANCE



new!

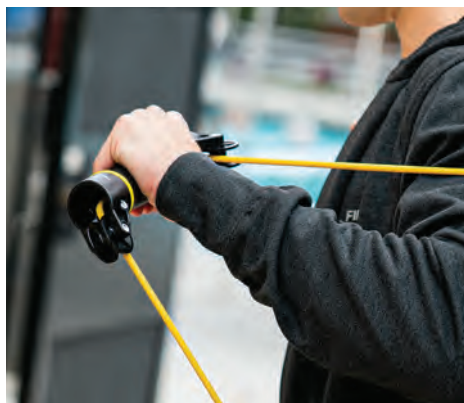
SLIDE DRYLAND TRAINER

full range of motion dryland cords

The Slide Dryland Trainer is designed to provide swimmers with exercises that mimic the entire swim stroke cycle with consistent resistance. Attach the cord to two different points on a chain-link fence (or similar) to add variety and different angles to your strength and conditioning training. The two rotating handles allow swimmers to practice hand and forearm positioning without cord interference or overloading.

STYLE: 1.05.095

- 1 7MM RESISTANCE (07) - YELLOW
- 2 9MM RESISTANCE (08) - RED



ISOKINETIC STRENGTH AND CONDITIONING

Consistent resistance throughout a given range of motion



ROTATING HANDLES

Practice hand and forearm positioning without overloading

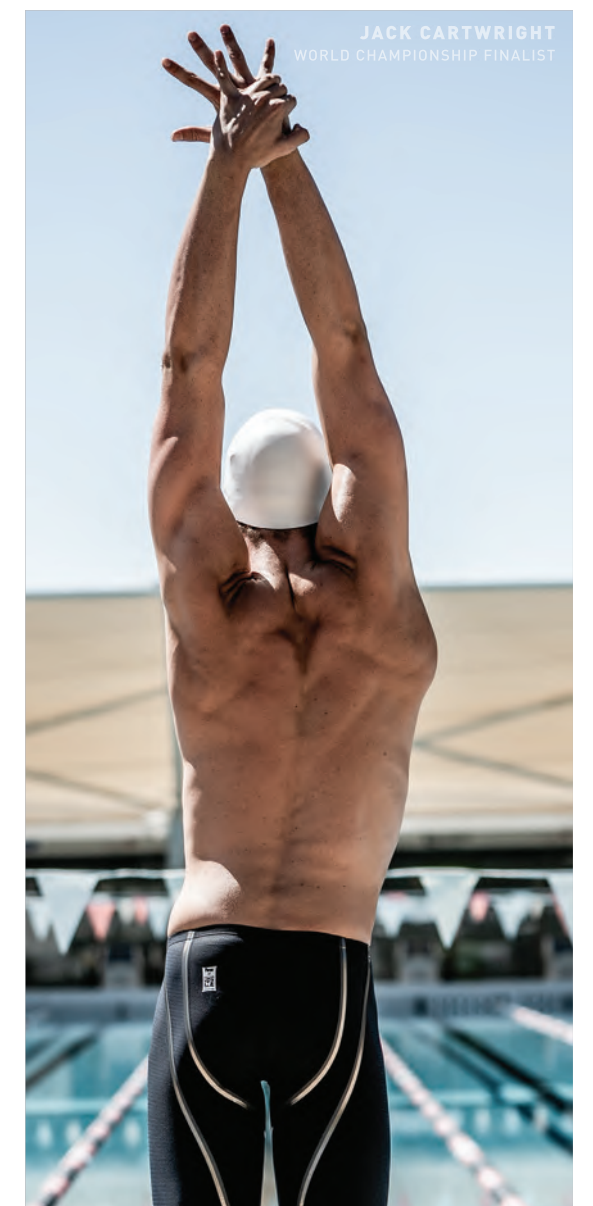
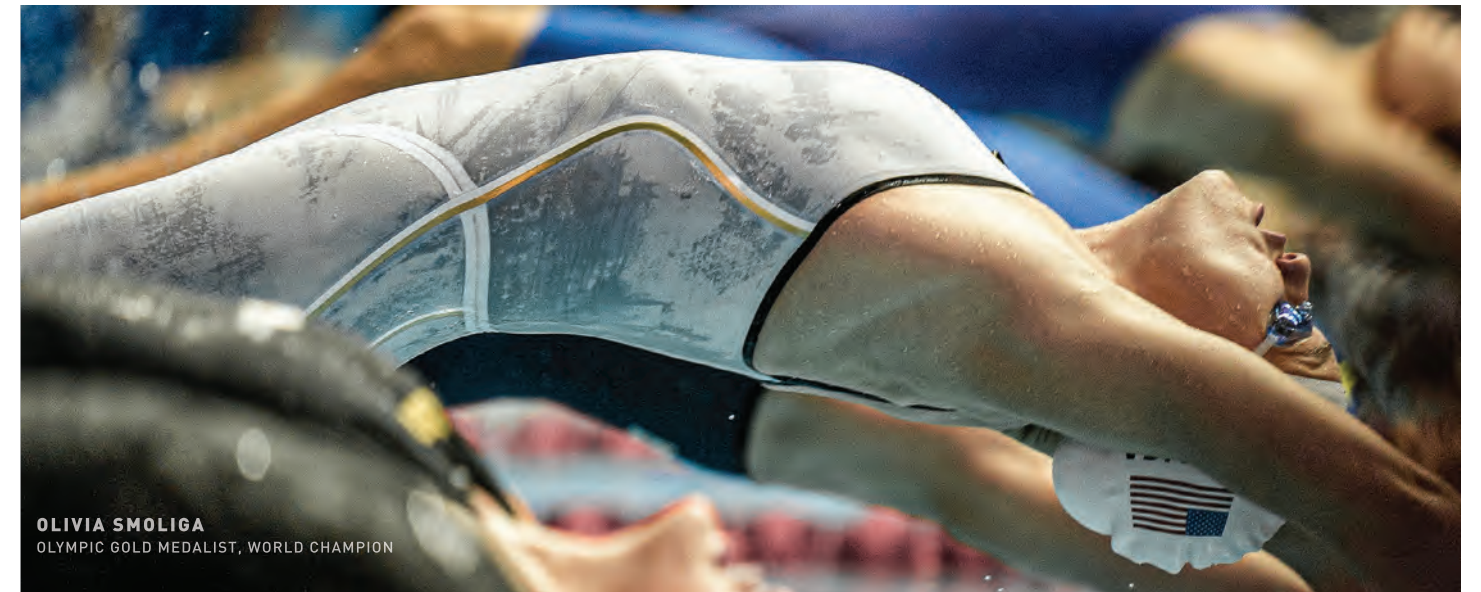


SWIM STROKE MECHANICS

Simulates swimming movements and isolates vital muscle groups



SWIMWEAR



new!
RIVAL 2.0
 elite technical racing suit

Rival 2.0 features a new, proprietary fabric called Shield-Tech™. Developed using a unique weavemethod, Shield-Tech™ provides the suit with a perfect combination of durability and flexibility. The fabric's surface retains a very small amount of water, creating a shield-like effect and reducing friction. Designed in California at the FINIS Stroke Lab.

OPEN BACK KNEESKIN | STYLE: 1.10.033
 *CLOSED BACK KNEESKIN | STYLE: 1.10.040
 JAMMER | STYLE: 1.125.1.10.130

- BLACK (101)
- OLIVIA / WHITE (141)
- JAMES / BLUE (218)
- ANTHONY / TEAL (235)

**Closed Back Kneeskin only available in Black & Olivia/White*

OLIVIA SMOLIGA
 OLYMPIC GOLD MEDALIST, WORLD CHAMPION

THIS SUIT IS MADE FOR THE WATER

The fabric's surface retains a very small amount of water, creating a shield-like effect and reducing friction

ELITE FIT

Designed during hands-on fit sessions with FINIS Olympians Anthony Ervin, Olivia Smoliga and James Guy

FLEXIBLE HIP PANELS FOR ALL STROKES

Features single-layered panels on the inner thighs to increase range-of-motion

COMPRESSION IN THE RIGHT AREAS

Innovative seams on the back of the legs increase compression, and the vertical chest seam (female) prevents air pockets and provides breathing room

MADE WITH SHIELD-TECH™ PROPRIETARY FABRIC

This suit is tough! Made with multidirectional stretch properties to move with your body

EVERY SEAM HAS A REASON

Seams are placed to complement and strengthen the fabrics, while enhancing compression in adjacent areas





RIVAL

elite technical racing suit

Constructed using two fabrics – the one-way stretch fabric increases compression and the two way stretch fabric allows optimal range of motion. The combination of the two fabrics supports muscles and enables muscle efficiency. Seams are strategically placed to strengthen the bond between fabrics and enhance compression in adjacent areas. Designed in California at the FINIS Stroke Lab.

OPEN BACK KNEESKIN | STYLE: 1.10.021

CLOSED BACK KNEESKIN | STYLE: 1.10.028

JAMMER | STYLE: 1.125.1.10.125

WHITE (100) ○

BLACK (101) ●

NAVY / AQUA (177) ●

JAMES GUY
2X OLYMPIC SILVER MEDALIST, WORLD CHAMPION



COMPRESSION IN THE RIGHT AREAS

Compression placed in areas to conform and streamline the body, thus reducing drag



STRUCTURED FIT

Designed with a reinforced seam pattern that wraps from the front of the hips to the back, creating a structured and streamlined fit



TWO FABRICS ARE BETTER THAN ONE

The one-way stretch increases compression and the two-way stretch allows optimal range of motion



COMPRESSIVE DUAL-PANELING

Each panel of the liner fabric is customized to match the stretch characteristics of the outer fabric



EVERY SEAM HAS A REASON

Bonded seams are placed to strengthen the fabrics and enhance compression in adjacent areas

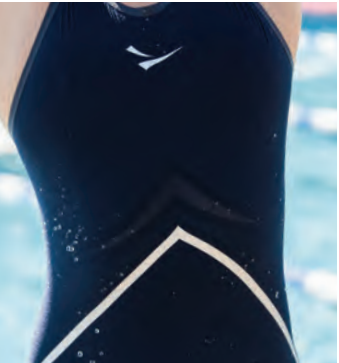


WATER REPELLENCY

A hydrophobic coating is applied and creates that cool "water beading effect" we all love



OLIVIA SMOLIGA
OLYMPIC GOLD MEDALIST, WORLD CHAMPION



JACK CARTWRIGHT
WORLD CHAMPIONSHIP FINALIST



VAPOR PRO

performance technical racing suit

The Vapor Pro is constructed from a light, durable fabric to provide an optimal balance between flexibility and compression. Vapor Pro features unique double paneling on the back of the legs to increase compression and provide lift in the water. The seam pattern provides a versatile fit, reduces drag and ensures comfort. Designed in California at the FINIS Stroke Lab.

OPEN BACK KNEESKIN | STYLE: 1.10.015
JAMMER | STYLE: 1.10.112

BLACK (101) ●



FLEXIBLE COMPRESSION

Provides compression without limiting range of motion



SEMI-STRUCTURED FIT

Designed with reinforced seams on the side of the body to provide a structured fit that can accommodate most body shapes



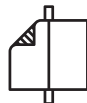
RESILIENT FABRIC

Light, durable fabric provides flexibility and compression



SELECT DUAL-PANELING

Dual paneling on the back of legs provides optimal lift and better body position in the water



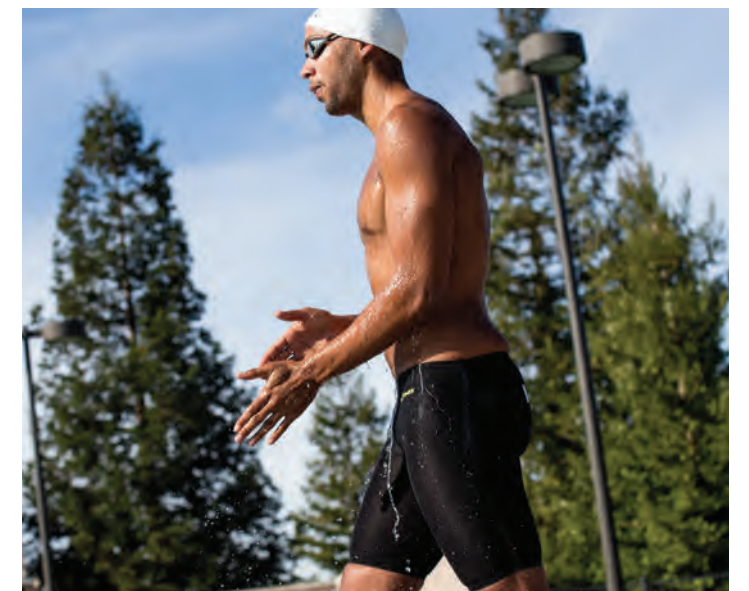
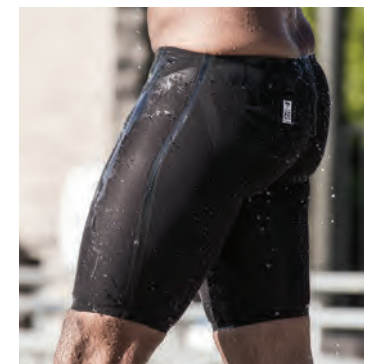
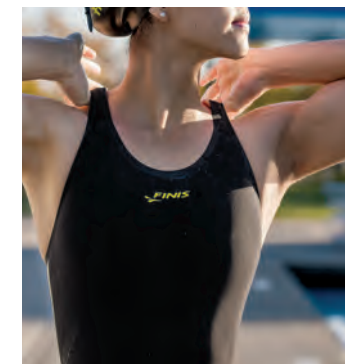
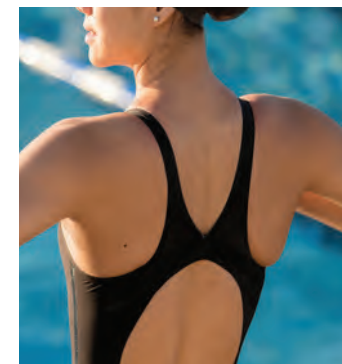
WELDED SEAM TECHNOLOGY

Bonded seams reduce drag and friction throughout the suit



WATER REPELLENCY

A hydrophobic coating is applied and creates that cool "water beading effect" we all love



FUSE

versatile technical racing suit

Constructed from a unique hydroreflective textile to provide a compressive and flexible fit. Durable properties of the fabric reduce drag and ensure comfort. Designed in California at the FINIS Stroke Lab.

OPEN BACK KNEESKIN | STYLE: 1.10.043
JAMMER | STYLE: 1.10.152

- BLACK (101)
- NAVY (106)
- HOT PINK (512)
- CARIBBEAN (402)
- SLATE (301)



FLEXIBLE COMPRESSION

Provides compression without limiting range of motion



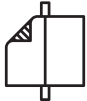
FLEXIBLE FIT

Designed with a durable, flexible fabric and bonded seams to provide a universal fit for athletes of all ages and abilities



UV PROTECTIVE FABRIC

Hydro-reflective fabric provides UVA/UVB protection



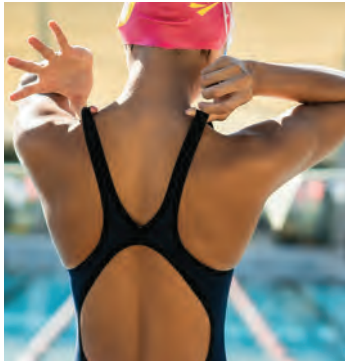
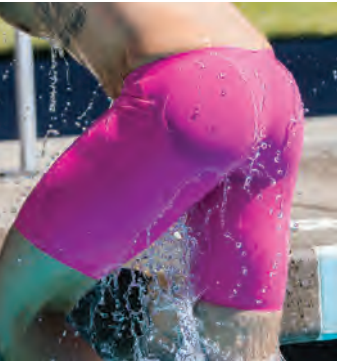
WELDED SEAM TECHNOLOGY

Bonded seams reduce drag and friction throughout the suit



WATER REPELLENCY

A hydrophobic coating is applied and creates that cool "water beading effect" we all love





JACOB HEIDTMANN
2016 OLYMPIAN

new!
MALE TRAINING SWIMWEAR
durable training and competition swimwear

FINIS training swimwear is made from durable Aquatuff® material, designed to last multiple swim seasons. Our premium, polyester-blended fabric is chlorine and fade resistant and will not stretch out or snag.

STYLE: 1.10



BRIEF

BRIEF CUT

Fitted and comfortable with full range-of-motion

ADJUSTABLE, DRAWSTRING WAIST

Inner drawstring provides a secure fit

FULLY LINED

Fully lined to increase durability and reduce any chance of transparency



JAMMER

ABOVE-THE-KNEE CUT

Provides coverage, compression and comfort

ADJUSTABLE, DRAWSTRING WAIST

Inner drawstring provides a secure fit

PRIVACY LINER

Privacy front panel to increase durability and reduce any chance of transparency



CHLORINE-RESISTANT FABRIC

Resists the damaging effects of chlorine and sunlight



DURABLE FABRIC THAT LASTS

Made from Aquatuff® material, designed to last multiple swim seasons.
FABRIC: 53% Polyester 47% PBT (Polyester Blended Technology)

OH BOY, AND DO WE HAVE COLOR OPTIONS!

- SOLID BLACK** | BRIEF [202.101], JAMMER [221.101], YOUTH BRIEF [201.101], YOUTH JAMMER [220.101]
- SPLICE - BLACK / RED** | BRIEF [203.210], JAMMER [222.210]
- SPLICE - BLACK / WHITE** | BRIEF [203.291], JAMMER [222.291]
- SPLICE - BLACK / BLUE** | BRIEF [203.355], JAMMER [222.355]
- MAZE BLUE** | BRIEF [204.103], JAMMER [223.103]
- MAZE GREEN** | BRIEF [204.105], JAMMER [223.105]
- ROTTO GRANITE** | BRIEF [205.174]
- ROTTO STARBURST** | BRIEF [205.207]



POUL ZELLMANN



CAMERON MCEVOY
2X OLYMPIAN, OLYMPIC BRONZE MEDALIST



new!

FEMALE TRAINING SWIMWEAR

durable training and competition swimwear

FINIS training swimwear is made from durable Aquatuff® material, designed to last multiple swim seasons. Our premium, polyester-blended fabric is chlorine and fade resistant and will not stretch out or snag.

STYLE: 1.10

OLIVIA SMOLIGA
OLYMPIC GOLD MEDALIST, WORLD CHAMPION



OPEN BACK

MINIMAL COVERAGE
High-cut leg, and slim bum coverage

OPEN BACK DESIGN
Very low on your back, with a completely open-back design

SKINNY STRAPS
Skinny shoulder and cross back strap



SKINBACK

MODERATE COVERAGE
Medium-cut leg, and moderate bum coverage

KEYHOLE BACK DESIGN
Slightly lower on your back, with a moderate keyhole opening

SKINNY STRAPS
Skinny shoulder straps with a thicker cross back strap



CHLORINE-RESISTANT FABRIC
Resists the damaging effects of chlorine and sunlight



DURABLE FABRIC THAT LASTS
Made from Aquatuff® material, designed to last multiple swim seasons.
FABRIC: 53% Polyester 47% PBT (Polyester Blended Technology)

OH GIRL, AND DO WE HAVE COLOR OPTIONS!

- SOLID BLACK** | OPEN BACK [341.101], SKINBACK [321.101], BLADEBACK [003.101], YOUTH BLADEBACK [300.101]
- SPICE - BLACK / RED** | OPEN BACK [342.210], SKINBACK [322.210], BLADEBACK [302.210]
- SPICE - BLACK / WHITE** | OPEN BACK [342.291], SKINBACK [322.291], BLADEBACK [302.291]
- SPICE - BLACK / BLUE** | OPEN BACK [342.355], SKINBACK [322.355], BLADEBACK [2302.355]
- MAZE BLUE** | SKINBACK [323.103], BLADEBACK [303.103]
- MAZE GREEN** | SKINBACK [323.105], BLADEBACK [303.105]
- ROTTO GRANITE** | OPEN BACK [343.174]
- ROTTO STARBURST** | OPEN BACK [343.207]

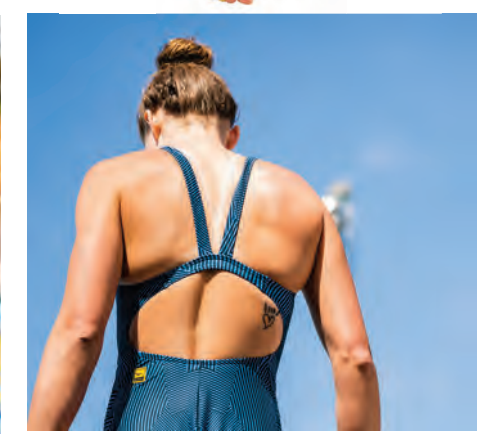


BLADEBACK

MODEST COVERAGE
Low-cut leg, and full bum coverage

KEYHOLE BACK DESIGN
Comes up the highest on your back, with a small keyhole opening

THICK STRAPS
Thicker straps provide more coverage and distribute pressure across your shoulders



THERMAL SWIM SHIRT

thermal training shirt

Made of a unique BiPoly fabric and provides warmth by trapping body heat. Made from a strong, yet lightweight material that conforms to the upper body without restricting range of motion. Offers UVA, UVB and anti-bacterial protection.

STYLE: 1.05.048



REVERSIBLE DRAG SUIT

reversible resistance training

Unisex training suit designed to increase drag while swimming. Resistance training is proven to build muscle, increase endurance and boost speed. Made of 100% polyester mesh fabric to withstand the damaging effects of chlorine and sunlight. Intended for use over a swimsuit.

STYLE: 1.20.009.210



ULTIMATE DRAG SUIT

high resistance training

Unisex training suit designed with integrated drag cups to maximize resistance training. Resistance training is proven to build muscle, increase endurance and boost speed. Made of AquaTuff® fabric to withstand the damaging effects of chlorine and sunlight. Intended for use over a swimsuit.

STYLE: 1.20.007.101



CUSTOM SWIMWEAR



FINIS Custom Swimwear! How does it work, you ask?

FINIS Custom Swimwear gives teams the ability to stand out by designing their own unique, completely customizable swimwear!
To get started...

1.



select styles

2.



select colors

3.



make it your own

4.



tell us more

WHAT'S THE PROCESS LIKE?

3 PROOFS ARE PROVIDED FREE OF CHARGE,
if more are needed a \$100 USD artwork design fee is applied

- Sizing kits and sublimated color charts available
- The first order of a design requires a minimum of 10 suits (can be a mix of different suit styles)
- Add names to the custom suits for an additional \$1 per name
- Payment is due upon order and proof approval -prior to production.
- 4-6 weeks lead time from when the final proof and size order is approved
- All suits are a Polyester blend, 53% Polyester and 47% PBT (Polyester Blended Technology)

NOT THE CREATIVE TYPE?

No worries! Our expert designers are here to assist!
Submit an idea and a FINIS designer will help create the perfect design.



LIA NEAL
2X OLYMPIAN



ANTHONY ERVIN
3X OLYMPIC GOLD MEDALIST, WORLD CHAMPION



Wondering which swimwear options are available to design?

**Note: Artwork shown is for suit style example only, not available for purchase.*



OPENBACK

SKINBACK

BLADEBACK

WATER POLO ZIPPER BACK



BRIEF

JAMMER

WATER POLO BRIEF

We also have customizable accessories!

Contact your local dealer, email Custom@FINISinc.com, or visit apps.FINISswim.com/custom-swimwear/ to view details on all of our customizable products.
**Team caps, personalized towels featuring team colors, logos and mascots, and more!*
Note: Shown below are artwork examples only, not available for purchase.



- LATEX CAPS
- SILICONE CAPS
- SEAMLESS CAPS
- WATER POLO CAPS
- TOWELS
- MESH BAGS
- SWIM SHIRTS



TEAM SPONSORSHIPS



ARE YOU READY TO JOIN #TEAMFINIS?

FINIS has been a leader in the swim industry for over 25 years, delivering the best training equipment in the world. We have brought that quality and innovation to our tech suits, training suits, and team apparel, making FINIS the one-stop shop for everything your team needs to perform at its best.

SPONSORSHIP THAT MAKES SENSE FOR YOUR TEAM

At FINIS, our main focus is helping athletes and coaches perform at their very best. We recognize that every team has unique needs and we will work with you to incorporate that into your team sponsorship

#TEAMFINIS PERKS

SIGNING BONUS

Upon signing, receive a bonus to make sure your team has the FINIS gear they need to perform at the highest level

FREE ELITE TECH SUITS

Opportunities for your athletes to receive innovative tech suits for free or at industry-leading discounts

BE THE FIRST TO TRY NEW FINIS PRODUCTS

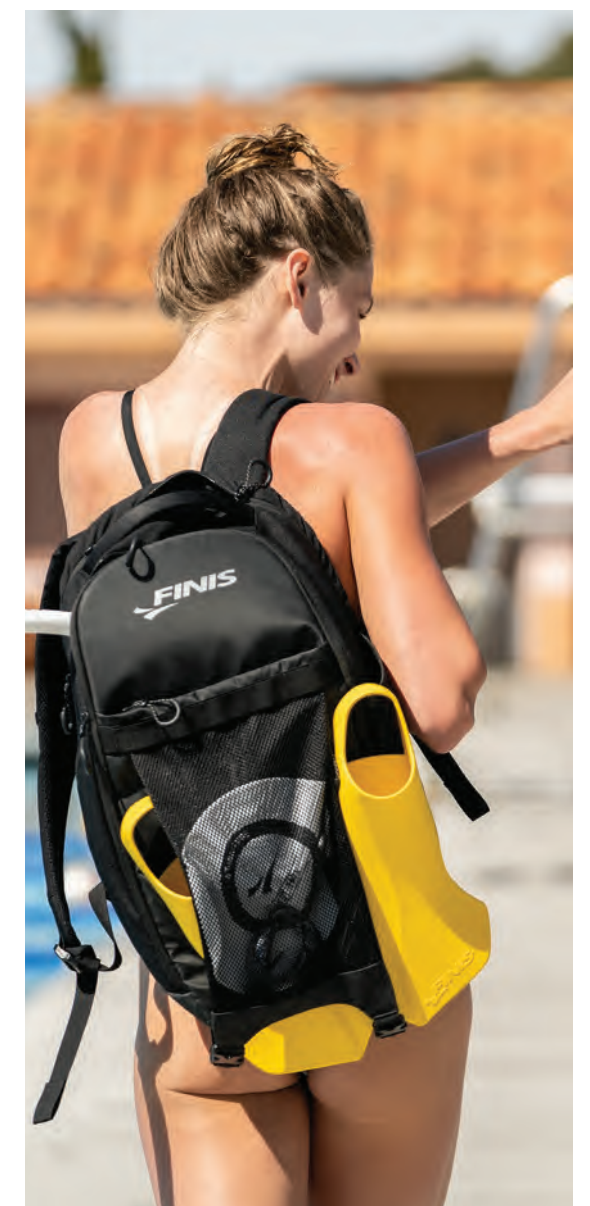
Be one of the first to receive samples of FINIS' new innovative products before they are released to the world!

WE'RE READY FOR YOU!

Contact a local FINIS dealer or go to apps.FINISswim.com/join-TeamFINIS/



APPAREL & BAGS



new!

TECH JACKET & PANTS

full zip-hoodie and jogger-style pants

The FINIS Tech Jacket and Tech Pants are designed to outfit athletes and coaches for travel and competition. The **Tech Jacket** is a full-zip hoodie made from a comfortable, mid-weight fabric. It features coated zip pockets, thumbholes and a paneled hood. Great for travel, swim meets, and everyday use. The **Tech Pants** feature a comfortable, mid-weight fabric and a tapered design. The elastic waistband and ankle zippers allow you to customize the fit. Great for travel, swim meets, and everyday use.

TECH JACKET WOMENS | STYLE: 1.15.012
 TECH PANTS WOMENS | STYLE: 1.15.014
 TECH JACKET MENS | STYLE: 1.15.008
 TECH PANTS MENS | STYLE: 1.15.009

- BLACK (101)
- NAVY (106)



TECH JACKET KEY FEATURES



HIGH-QUALITY FABRIC

Made with comfortable, mid- weight fabric that makes it great for swim meets and daily use (Outer: Cotton/Polyester Blend, Inner: Polyester)



UNIQUE ATHLETIC DETAILS

Full-coverage paneled hood and comfortable thumbholes



FULL-ZIP DESIGN

Allows for easy on and off

TECH PANTS KEY FEATURES



HIGH-QUALITY FABRIC

Made with comfortable, mid- weight fabric that makes it great for swim meets and daily use (Outer: Cotton/Polyester Blend, Inner: Polyester)



RELAXED, ATHLETIC FIT

Designed with a tapered leg and ankle zips



CUSTOM FIT

The elastic waistband, drawstring, and ankle zippers allow you to customize your perfect fit



OLIVIA SMOLIGA
 OLYMPIC GOLD MEDALIST, WORLD CHAMPION

new!

FINIS TECH POLO

male & female dry-fit polo

The FINIS Tech Polo features a lightweight, breathable fabric. The relaxed, athletic fit is great for travel, swim meets, and everyday use.

MEN | STYLE: 1.15.003

WOMEN | STYLE: 1.15.011

● BLACK (101) ● NAVY (106)



LIGHTWEIGHT

Lightweight, breathable fabric essential for long days on the pool deck



UNIQUE DETAILS

Armpit ventilation holes provide breathability



DRY-FIT FABRIC

Designed to wick moisture (90% polyester, 10% elastane)

FINIS COACHES POLO

unisex polo

The FINIS Polo is designed specifically for #TeamFINIS coaches and swimmers. Made from 90% Polyester and 10% Spandex for a breathable and relaxed fit. UPF 50 and UVA/UVB protection.

STYLE: 1.15.002

1 CHARCOAL (127)

2 BLUE (103)

3 BLACK (101)



FINIS T-SHIRTS

unisex t-shirts

FINIS t-shirts inspired by our history and the innovation of our products. Made from 50/50 ringspun cotton/poly to provide a comfortable and relaxed fit.

1 YELLOW (1.15.125.299)

2 5TH STROKE (1.15.130)

3 RETRO (1.15.125.104)

4 WHITE (1.15.130)

**Keep an eye out for fresh new tees rotating in—our swag is always changing! There is only a limited supply left of what you see here.*





new!
RIVAL SWIM BACKPACK
 elite travel backpack

The Rival Swim Backpack is designed to provide swimmers with a high-quality travel backpack. With the addition of a mesh bag, the Rival Swim Backpack eliminates the need for swimmers to carry two bags. Use the mesh bag to easily access your cap and goggles or store a wet swimsuit. Larger items like a foam roller, towel or monofin can be stored behind the mesh bag and secured with straps at the bottom of the backpack.

STYLE: 3.25.113.101



HIGH-QUALITY MATERIALS

Made with durable polyester

Dimensions: 21cm x 33cm x 49cm (L x W x H)
 Volume: 32 Liters



CONVENIENT MESH DRYING BAG

Attaches to the front of the bag for easy access to your goggles/cap or to store a wet swimsuit



STORES LARGER ITEMS WITHOUT THE BULK

Lift up the mesh drying bag to secure larger items like a foam roller, towel or monofin



WATERPROOF BOTTOM AND FRONT PANEL

Protects the contents of your inner bag from getting wet



OLIVIA SMOLIGA
 OLYMPIC GOLD MEDALIST, WORLD CHAMPION

new!

TEAM BACKPACK

training & travel backpack

The Team Backpack is designed to provide swimmers with a sleek yet spacious backpack for everyday use. This bag includes a waterproof base and mesh compartment to keep your dry stuff dry and let your wet stuff air out. Use the adjustable mesh side pocket to store a water bottle, or shampoo without fear of them slipping out. The large internal sleeve is perfect for a kickboard or laptop.

STYLE: 3.25.109

- 1 BLACK (101)
- 2 RED (102)
- 3 BLUE (103)
- 4 ULTRAVIOLET (415) - LIMITED EDITION!



MESH BAG

mesh gear bag

A convenient way to store all swim equipment. The durable nylon mesh material provides airflow for fast drying and includes a pull drawstring that securely closes the bag. A small zip compartment safely stores smaller items such as goggles or a Tempo Trainer Pro.

STYLE: 1.25.026

- 1 BLACK (101)
- 2 RED (102)
- 3 NAVY (106)



FINIS TRUCKER HAT

unisex trucker hat

Trucker-style hat with the FINIS logo. The hat features a black cotton visor and the back of is made of black mesh.

STYLE: 1.15.010

**Our swag is always changing! There is only a limited supply left of what you see here.*



FINIS BEANIE

unisex beanie

The FINIS Beanie is designed to keep you warm before early morning practices. Made from 100% Acrylic with 100% Cotton Lining. One size fits most.

STYLE: 1.15.005



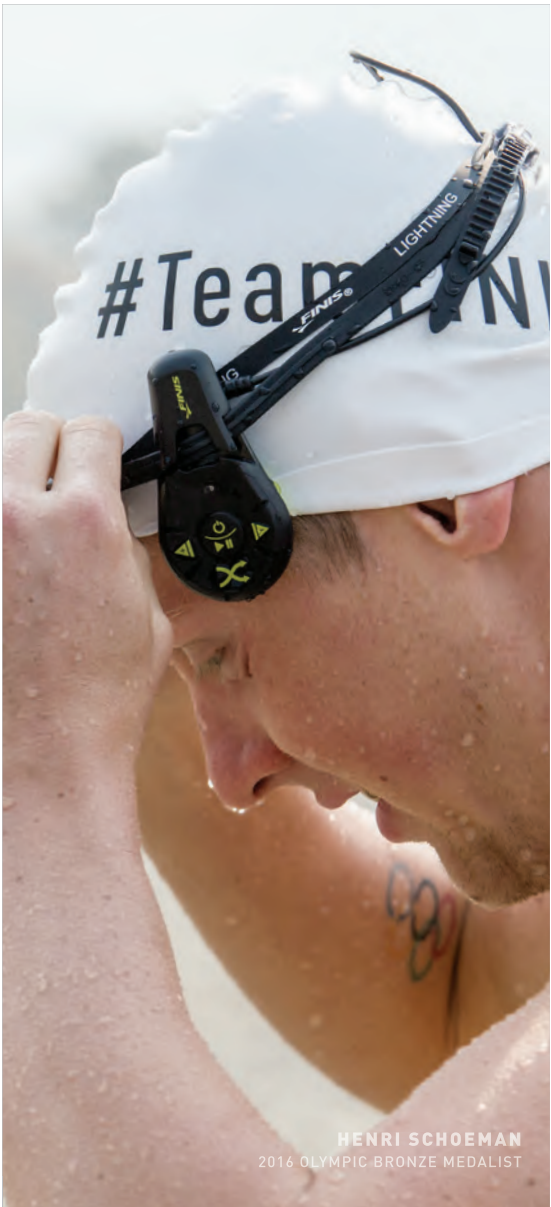
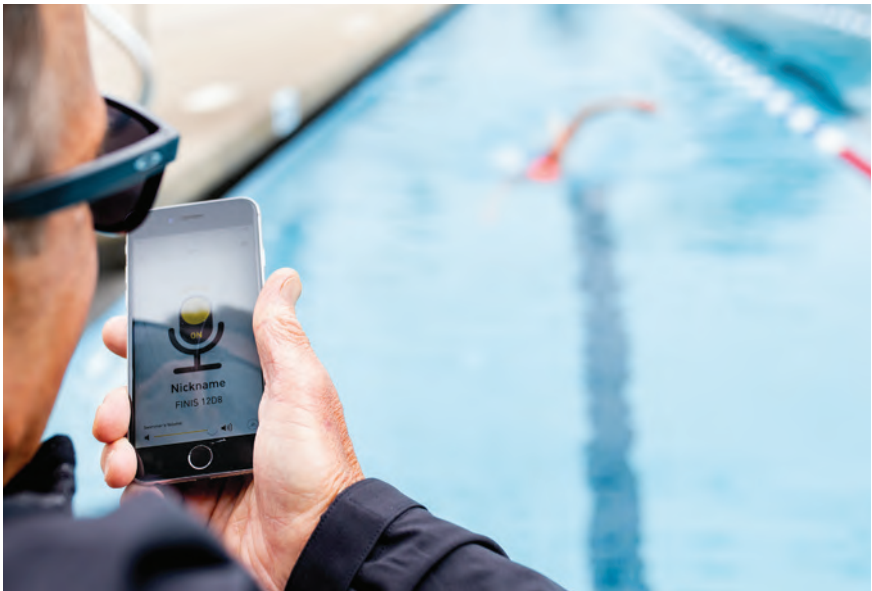
JAMES GUY
2X OLYMPIC SILVER MEDALIST, WORLD CHAMPION



HENRI SCHOEMAN
2016 OLYMPIC BRONZE MEDALIST



ELECTRONICS



HENRI SCHOEMAN
2016 OLYMPIC BRONZE MEDALIST



new!
STREAM
 swim bluetooth® headphones

Stream is designed to bring the experience of streaming your favorite music underwater – all you need is a smartwatch! The music industry is constantly evolving, and now music subscriptions are more popular than ever. People no longer have the need to download MP3 files and upload them to a device – It's all about streaming, baby! FINIS is excited to bring that same experience to the water. With the Stream Bluetooth® Headphones, swimmers can now pair their smartwatch to listen to offline music, podcasts and more!

STYLE: 1.30.076



COMPATIBLE WITH POPULAR SMARTWATCHES:

Apple Watches – Series 3 and 4

Garmin – Forerunner 645 Music, Vivoactive 3

Music, Fenix 5 Series FitBit – Versa & Ionic

+ Other waterproof bluetooth watches!

Apple GARMIN



☒ Waterproof & Swimproof

☒ Offline Audio Capabilities

☒ Bluetooth® Connectivity



STREAM MUSIC THROUGH YOUR FAVORITE APP

Through your preferred smartwatch app, download or select "offline" on your favorite music playlist, podcast or eBook to listen while you swim



BONE CONDUCTION AUDIO

Crystal clear sound underwater without the use of ear buds. Place the speakers on your temple bones to optimize the audio



BLUETOOTH® CONNECTION

Wireless Bluetooth® 4.2 connectivity and convenient multipoint pairing



INCLUDES CLIPS FOR APPLE AND GARMIN DEVICES



TEMPO TRAINER PRO

underwater metronome

The small, waterproof device easily secures beneath a swim cap and transmits an audible tempo beep. Three different modes allow for customizable pace training, adjustable by 1/100th of a second. Includes a clip for dryland exercise.

STYLE: 1.05.120 | U.S.A PATENTED
REPLACEMENT CLIP | STYLE: 1.05.016

Download the *Tempo Trainer Pro Reference Guide* online for more information and tips!

ANTHONY ERVIN
3X OLYMPIC GOLD MEDALIST, WORLD CHAMPION



SMALL CONVENIENT SIZE

Easily secures to goggle straps, beneath a swim cap, or with the use of the Dryland Clip (shown above)



AUDIBLE BEEP

Loud enough to hear in and out of the water



PERFECT FOR PACING

Consistent stroke tempo eliminates lulls in races or workouts



MULTIPLE SPORTS

Ideal for swimming, biking, running and more



HENRI SCHOEMAN
2016 OLYMPIC BRONZE MEDALIST

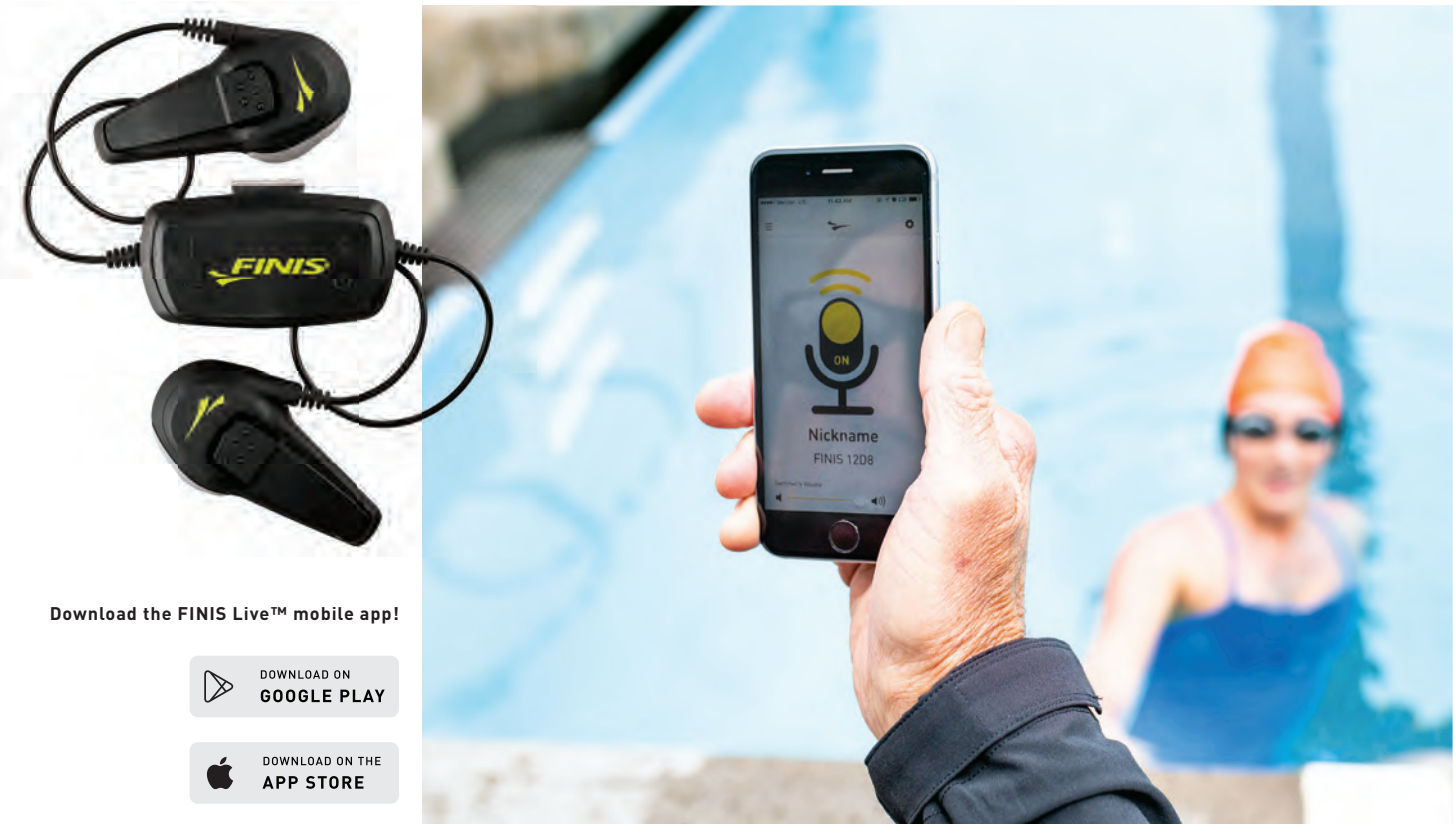


SWIM COACH COMMUNICATOR

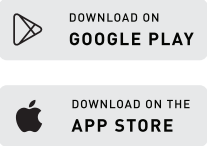
coach-to-swimmer voice feedback

The Swim Coach Communicator allows coaches to talk to their swimmers as they swim. It works by using a Bluetooth® signal from a smartphone to a receiver located on the back of the swimmer's head. Swimmers can instantly correct their stroke technique and adjust tempo to prevent bad habits from forming during practice.

STYLE: 1.30.043



Download the FINIS Live™ mobile app!



BONE CONDUCTION AUDIO TRANSMISSION

Crystal clear sound underwater without the use of ear buds



ALL YOU NEED IS A SMARTPHONE!

Simply download the FINIS Live™ mobile application, and use the microphone to communicate with your swimmers



BLUETOOTH® AUDIO TRANSMISSION

Transmits from your smartphone to the device's receiver – keep the receiver above the water for a successful signal



DUO™
underwater MP3 player

Waterproof MP3 player featuring a sleek, two-piece design and Bone Conduction audio transmission to deliver crystal clear audio through cheekbones to the inner ear. Integrated control buttons and goggle brackets make swimming to music easier than ever before.

STYLE: 1.30.058.244 | U.S.A. PATENTED



SWIMSENSE™ LIVE
bluetooth® swim watch

The ideal training tool for any swimmer looking to build motivation, promote healthy habits and make the most of every swim. Designed using proprietary algorithms to record the most accurate swim workout data. The Swimsense™ Live helps all swimmers optimize time spent in the water. Using the FINIS Live™ application, users can view and share swim workout data from multiple devices.



FINIS LIVE™
swim fitness application

Free fitness mobile application that works directly with the Swimsense™ Live and the Swim Coach Communicator. Whether it is tracking laps, stroke-specific data, or direct audible connection to your swimmer—the FINIS Live™ allows users to view, talk, store and share key swim statistics.



3X300M STOPWATCH
300 split memory stopwatch

Allows user to take 300 splits and review both cumulative and lap splits on a three-line LCD display. Easy-to-read running times, current lap time and cumulative splits.

STYLE: 1.30.040



3X100M STOPWATCH
100 split memory stopwatch

Allows user to take 100 splits and review both cumulative and lap splits on a three-line LCD display. Easy-to-read running times, current lap time and cumulative splits.

STYLE: 1.30.032



GOGGLES & CAPS

CAMERON MCEVOY
2X OLYMPIAN, OLYMPIC BRONZE MEDALIST

Hope Floats

OUR GOGGLES GIVE BACK!

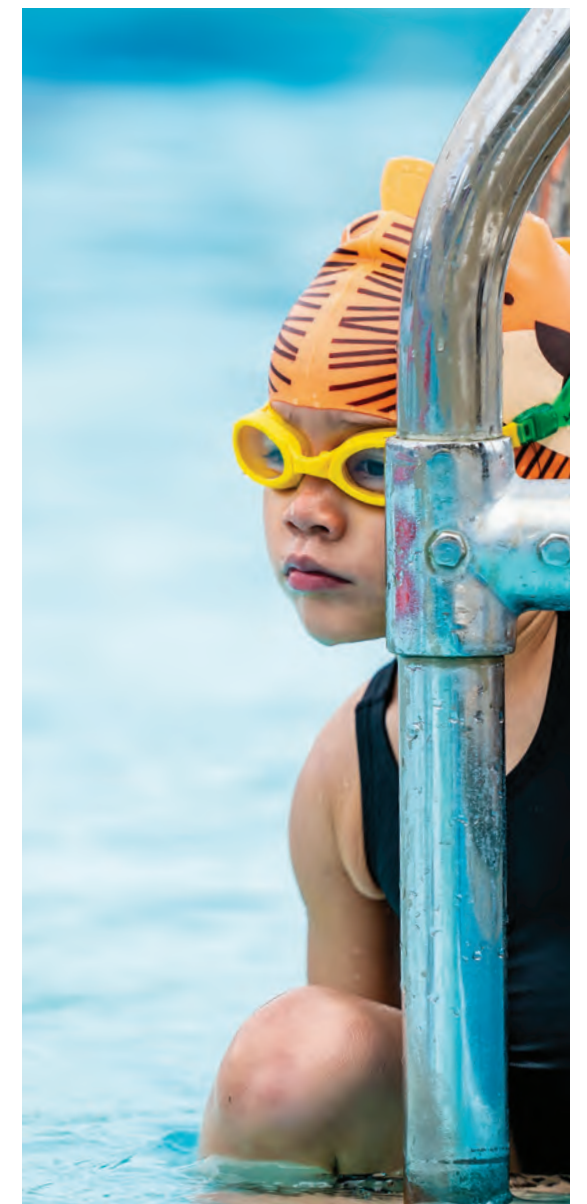
When you buy a pair of FINIS goggles, a donation is made to Hope Floats Foundation to provide swim lessons for children living in poverty



OLIVIA SMOLIGA
OLYMPIC GOLD MEDALIST, WORLD CHAMPION



JAMES GUY
2X OLYMPIC SILVER MEDALIST, WORLD CHAMPION



LIGHTNING GOGGLES

low profile racing goggles

Lens integrated technology fuses frame and lens together to create the lowest profile competitive goggle. Four interchangeable nosepieces and a quick-clip adjustment strap make for a universal fit.

STYLE: 3.45.073

- 1

BLUE MIRROR (237)
- 2

SILVER MIRROR (241)
- 3

BLACK / SMOKE (239)
- 4

CLEAR / CLEAR (255)



STRIKE GOGGLES

sleek racing goggles

Made using lens-integrated technology to fuse the frame and lenses together, creating the most hydrodynamic racing goggle. The eye gaskets sit inside the eye sockets to provide a watertight seal and reduce drag.

STYLE: 3.45.089

SILVER MIRROR (241)



DART GOGGLES

traditional racing goggles

Gasketless frame sits directly around eyes to create the most secure competitive goggle. The hand-assembled nosepiece and adjustable strap make for a completely customized fit.

STYLE: 3.45.082

- 1

BLUE (103)
- 2

GOLD MIRROR (475)
- 3

SMOKE (002)



ANTHONY ERVIN
3X OLYMPIC GOLD MEDALIST, WORLD CHAMPION



JAMES GUY
2X OLYMPIC SILVER MEDALIST, WORLD CHAMPION



WHAT MEANS WHAT?



custom fit



curved lens integration



anti-fog



uv protection



one-piece frame



latex free

We're baaaack!

BOLT

sleek racing goggles

Silicone eye gaskets provide a watertight seal and create the most comfortable competitive goggle. Three interchangeable nosepieces and an adjustable strap make for a universal fit.

STYLE: 3.45.077

- 1 MULTI-MIRROR (130)
- 2 SILVER MIRROR (241)
- 3 SMOKE (239)



ENERGY GOGGLES

comfortable fitness goggles

One-piece frame with curved lenses creates the most comfortable high-visibility fitness goggle. Dual silicone strap distributes pressure evenly around head. Ideal for fitness and open water swimmers.

STYLE: 3.45.065

- 1 BLUE / CLEAR (113)
- 2 CLEAR / SMOKE (221)
- 3 CLEAR / BLUE (236)



WHAT MEANS WHAT?



ANTHONY ERVIN
3X OLYMPIC GOLD MEDALIST, WORLD CHAMPION



SWIMMIES™ GOGGLES

learn-to-swim kids’ goggles

Designed with a soft, one-piece frame to make the transition to the water more comfortable. Swimmies™ are latex and PVC free and offer UV protection to keep children’s eye safe during water activities. Ideal for swimmers ages 2 to 6.

STYLE: 3.45.011

- 1

BLUE GREEN / CLEAR (162)
- 2

RED BLUE / CLEAR (133)
- 3

BLUE AQUA / CLEAR (147)
- 4

ORANGE BLUE / CLEAR (129)



new scents!

FRUIT BASKET GOGGLES

scented kids’ goggles

Available in six bright colors and scents makes for the most fun kids goggle. One-piece frame and dual silicone strap provides durability and distributes pressure evenly around head. Ideal for swimmers ages 3 to 8.

STYLE: 3.45.008

- 1

YELLOW PINEAPPLE (104)
- 2

BLUE BERRY (103)
- 3

GOLD PEACH (410)
- 4

HOT PINK WATERMELON (512)
- 5

SOUR GREEN APPLE (105)
- 6

PURPLE GRAPE (110)



H2 JR GOGGLES

comfortable kids’ goggles

Fitted frame and dual silicone strap create the ultimate leakproof kids goggle. Adjustable back clip is designed for easy strap adjustments. Ideal for swimmers ages 4 to 12.

STYLE: 3.45.009

- 1

GREEN / CLEAR (266)
- 2

PINK / AQUA (225)
- 3

BLUE / CLEAR (205)



custom fit

curved lens integration

anti-fog

uv protection

one-piece frame

latex free

FROGGLEZ® GOGGLES

The most comfortable kids' goggle

Frogglez® and FINIS teamed up to pair the patented Frogglez® Strap with FINIS' industry-leading goggles. The neoprene split-strap is easy for children to put on by themselves and the goggles provide a gentle, watertight seal.

STYLE: 3.45.102

- 1

TREASURE (336)
- 2

SCALES (327)
- 3

LEMON (361)
- 4

WATERMELON (354)



FROGGLEZ® STRAP

The most comfortable kids' strap on the market, designed with a soft, neoprene material for extra cushion is also available to purchase individually. The Frogglez® Strap is also compatible with other FINIS goggles! Including: Fruit Basket, Nitro, H2 JR., and Mermaid™ Goggles.

STYLE: 3.25.042

- 1

SCALES (327)
- 2

TREASURE (336)
- 3

LEMON (361)
- 4

WATERMELON (354)

Frogglez® Straps are also reversible! Each fun print features bright color combinations on the other side!



WHAT MEANS WHAT?

- custom fit
- curved lens integration
- anti-fog
- uv protection
- one-piece frame
- latex free

3 easy
strap adjustments!





MERMAID™ GOGGLES

mermaid kids' goggles

Designed with silicone eye gaskets - Creating the most gentle, watertight kids' goggle. The Mermaid™ Goggles are latex and PVC free and offer UV protection to keep your children safe during water activities. Ideal for swimmers ages 4 to 10.

STYLE: 3.45.096

- 1

SUNSET (341)
- 2

SCALES (327)
- 3

BEACH (137)
- 4

FINTASTIC (302)



new!

ADVENTURE GOGGLES

comfortable kids' goggles

Designed with silicone eye gaskets for a gentle, watertight fit. Made in three fun prints, these goggles are ready to take you on your next underwater adventure! Adventure Goggles are latex and PVC free and offer UV protection to keep children's eyes safe during water activities. Ideal for swimmers ages 4 to 10.

STYLE: 3.45.081

- 1

BLUE SHARK (132)
- 2

GREEN SNAKE (140)
- 3

RED CAMO (154)



NITRO GOGGLES

classic kids' goggles

The Nitro goggles are designed with silicone eye gaskets—creating the most gentle, watertight kids goggle. Soft one-piece frame accommodates smaller faces and taller nose bridges. The Nitro goggles feature a silicone split-strap and adjustable side clips to ensure a secure and customized fit.

STYLE: 3.45.069

- 1

AQUA / SMOKE (226)
- 2

BLUE / YELLOW (258)
- 3

PINK / PURPLE (292)
- 4

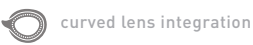
RED / CLEAR (264)



WHAT MEANS WHAT?



custom fit



curved lens integration



anti-fog



uv protection



one-piece frame



latex free



CAMERON MCEVOY
2X OLYMPIAN, OLYMPIC BRONZE MEDALIST

new!

3D DOME CAP

The FINIS 3D Dome Cap is designed to reduce drag during competition. It is made from high-quality silicone with two different densities. The sides of the cap are made of thinner material, decreasing pressure on your head and creating a secure fit.

STYLE: 3.25.021

- 1 WHITE (100)
- 2 BLACK (101)



SILICONE CAP

100% silicone provides added durability and comfort. Reduces drag in the water while protecting hair against chlorine and sun exposure. With a secure fit, keeps hair away from eyes and face while swimming.

STYLE: 3.25.002

- 1 BLACK (101)
- 2 WHITE (100)
- 3 RED (102)
- 4 BLUE (103)



LATEX CAP

100% latex reduces drag in the water while protecting the hair against chlorine and sun exposure. With a secure fit, keeps hair away from the eyes and face while swimming.

STYLE: 3.25.001

- 1 YELLOW (104)
- 2 BLACK (101)
- 3 WHITE (100)
- 4 BLUE (103)

 ONLY AVAILABLE IN THE USA



SPANDEX CAP

Made from a flexible material that is gentle on skin and hair and fits comfortably on most head sizes.

STYLE: 3.25.012

- 1 RED (102)
- 2 BLACK (101)
- 3 ROYAL BLUE (114)

 ONLY AVAILABLE IN THE USA



KIDS' GEAR



FOAM KICKBOARD JR

standard kickboard

Helps swimmers build leg strength by immobilizing the arms. The EVA foam provides durability and prevents skin irritation.

STYLE: 1.05.035.48

Adult Size (pg. 34)



AXIS BUOY

dual-function pull buoy

Dual-function design improves body position and builds upper body and core strength. The ergonomically designed keyholes allow swimmers to easily move the buoy from ankles to legs. The EVA foam provides durability and prevents skin irritation.

STYLE: 1.05.041

Adult Size (pg. 32)



FOAM PULL BUOY JR

leg buoy

Immobilizes the legs and provides lift to help build upper body strength and increase focus on the proper hip rotation. The EVA foam provides durability and prevents skin irritation.

STYLE: 1.05.036.48

Adult Size (pg. 34)



SWIMMER'S SNORKEL JR

technical & training snorkel

Allows younger swimmers to focus on stroke technique without the interruption of turning the head to breathe. The tube is two inches shorter than the Swimmer's Snorkel, decreasing workload on lungs. Ideal for swimmers ages 8 to 12.

STYLE: 1.05.009.48

REPLACEMENT HEAD BRACKET | STYLE: 1.05.017.101

REPLACEMENT PURGE VALVE | STYLE: 1.05.010.101

Adult Size (pg. 14)





new!

FLOATING AGILITY PADDLES

strapless technique paddles

Ergonomically-advanced design teaches an early vertical forearm position to increase stroke efficiency. The convex shape requires a proper palm positive hand position. Due to the paddles' strapless design, incorrect technique will cause the paddles to fall off.

STYLE: 1.05.145 | U.S.A. PATENTED

Adult Size (pg. 16), Size Chart (pg. 130)



FREESTYLER PADDLES JR

freestyle training paddles

Specifically designed for freestyle training, the long fin shape and surf-skeg design planes the hand forward through the water, improving distance-per-stroke. Promotes a strong pull-through and better hip rotation. The narrow profile helps prevent shoulder strain.

STYLE: 1.05.006.48

REPLACEMENT TUBING | STYLE: 1.05.029

Adult Size (pg. 20)



FOREARM FULCRUM JR

early vertical forearm tool

Develops early vertical forearm (EVF) and increases stroke efficiency. An EVF position utilizes forearm during the pull, from fingertips to elbow. Promotes stroke refinement through muscle memory of the proper hand, wrist and forearm position.

STYLE: 1.05.028.48 | U.S.A. PATENTED

Adult Size (pg. 20)



FISHTAIL 2

learn-to-swim fins

Designed to be worn as soon as a child is able to walk, the Fishtail 2 swim fins reward even the smallest kicks with forward movement to accelerate learning and build confidence.

STYLE: 1.05.059.37

Size Chart (pg. 130)



BOOSTER FINS

short blade swim fins

Feedback from the fins teaches swimmers how kicking generates forward movement through the water. Made of a natural rubber that floats, Booster fins help lift legs to the surface and teach proper body position.

STYLE: 1.05.081

Color-Coded By Size | Size Chart (pg. 130)



LONG FLOATING FINS

floating swim fins

The long, hydrodynamic blade lifts legs for a more propulsive kick. The added buoyancy reduces drag and builds leg strength. The closed heel design provides protection against hyperflexion of ankles and increases comfort. Great for all ages and abilities.

STYLE: 1.05.037

Color-Coded By Size | Adult Size (pg. 25) | Size Chart (pg. 130)



POSITIVE DRIVE FINS

four stroke training fins

Ellipsoidal blade generates correct propulsion in all four swim strokes, including breaststroke. The short, wide blade design promotes an inward supination kick style to improve foot speed and ankle flexibility. An ideal training fin to teach young swimmers a proper breaststroke kick.

STYLE: 2.35.100

POSITIVE DRIVE FIN REPLACEMENT STRAP | STYLE: 2.35.102.06

Adult Size (pg. 25) | Size Chart (pg. 130)



Z2 GOLD ZOOMERS®

short blade swim fins

The comfort of natural rubber creates a secure fit and inhibits hyperflexion. The fluid separator on top of the fin helps reduce fatigue. The flex box on the bottom of fin catches water on the up-kick to build muscle. An ideal training fin for drill progression.

STYLE: 2.35.004 | U.S.A. PATENTED

Adult Size (pg. 25) | Size Chart (pg. 130)





new animals!

ANIMAL HEAD CAP

animal-shaped silicone cap

Enjoy the water with fun animal designs. Soft, 100% silicone offers a durable and comfortable fit.

STYLE: 3.25.036

- 1 LION (333)
- 2 OWL (329)
- 3 POLAR BEAR (300)
- 4 HIPPO (312)
- 5 SHARK (311)



1



2



3



4



5

SWIM DIAPER (NAPPY)

reusable swim diaper (nappy)

Great alternative to disposable diapers. Snug elastic around waist and legs create a secure fit to contain solid waste. Woven polyester lining creates an extra soft layer against baby's skin. UPF 50+ keeps harmful UV rays away from sensitive areas. Phthalates and PVC free.

SOLID | STYLE: 5.20.015

- 1 ROYAL (114)
- 2 PINK (112)

PATTERN | STYLE: 5.20.014

- 3 TURTLE GREEN (505)
- 4 FISHBOWL BLUE (403)



1



2



3



4

MERMAID™ DIAPER (NAPPY)

reusable swim diaper

Dive into an enchanting underwater adventure with the FINIS Mermaid™ Collection. Reusable swim diapers are required by most swim schools and public pools and are great alternatives to disposable diapers. With a snug fit and elastic around the waist and legs, the FINIS Swim Diaper keeps solids contained and prevents leaks. Made with UPF 50+ to keep harmful UV rays away from sensitive areas.

STYLE: 5.20.016

- 1 STARFISH (231)
- 2 FINTASTIC (302)

 ONLY AVAILABLE IN THE USA

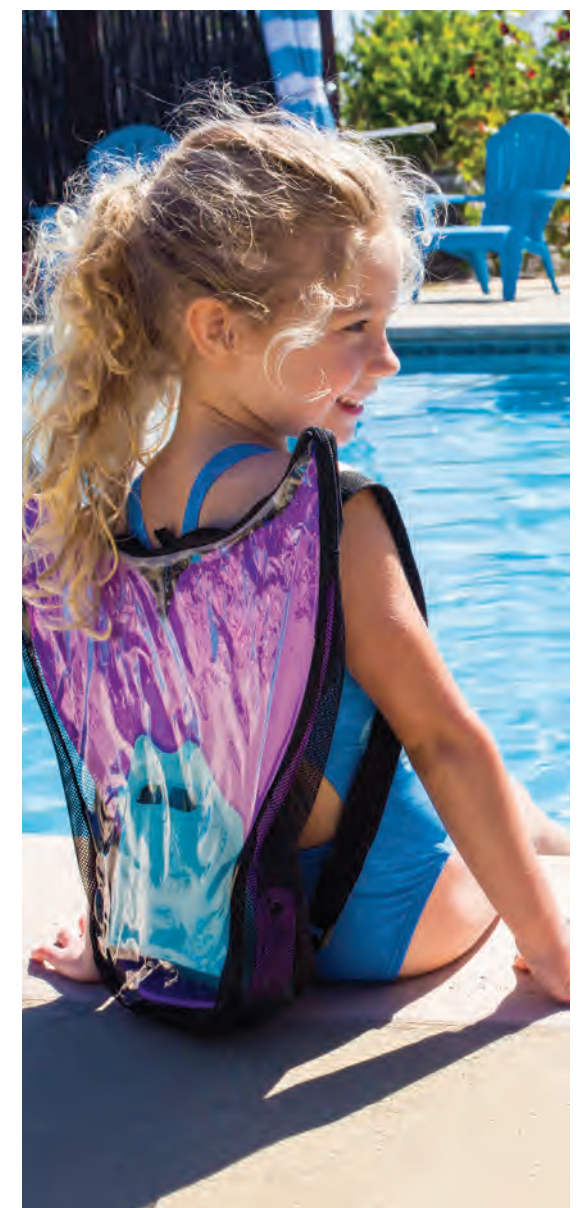


1



2

MERMAID™ COLLECTION



LUNA FIN

mermaid monofin

Dive into an enchanting underwater adventure. Luna allows users to glide through the water with the same graceful movements as a mermaid. The translucent silicone material shines brilliantly under beams of sunlight. Should only be used under adult supervision.

STYLE: 1.30.010

- 1 MYSTIC MELON - SMALL (012.04)
- 2 ENCHANTING EMERALD - MEDIUM (089.05)

Size Chart (pg. 130)



SEPARATE FOOT POCKETS

Separate foot pockets for maximum comfort and performance



LUMINOUS COLORS

Inspired by the colors of the sea –the translucent silicone produces a magical glow in the sun



100% FLEXIBLE SILICONE

Constructed from a flexible and durable silicone material



AQUARIUS FIN

fantasy monofin

Specifically designed for teens and adults, with a larger foot pocket and surface area in comparison to the Mermaid™ monofin. The adjustable foot strap and strategically placed vents allow for swimming at high speeds while maintaining proper technique. Should only be used under adult supervision. Ideal for swimmers ages 10 and up.

STYLE: 1.30.015 | PATENT PENDING

- 1 MAGICAL MAGENTA (223)
- 2 TROPICAL TEAL (128)



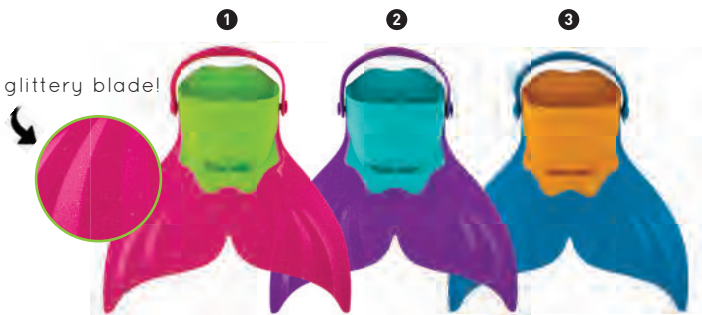
MERMAID™ FIN

recreational monofin

Designed to activate both mind and body, the Mermaid™ monofin teaches an equal use of up and down kicks - allowing swimmers to gracefully glide like real mermaids. Should only be used under adult supervision. Ideal for swimmers ages 6 and up.

STYLE: 1.30.012 | PATENT PENDING

- 1 PACIFICA PINK (212)
- 2 PARADISE PURPLE (200)
- 3 BAYSIDE BLUE (307)



MERMAID™ FIN COVER

Express your inner mermaid by dressing up your mermaid fin! Bright colors and fun prints allow you to show off your style.

STYLE: 1.30.080

- | | |
|------------------|------------------|
| 1 TROPICAL (128) | 4 BAYSIDE (307) |
| 2 SEAHORSE (204) | 5 PACIFICA (212) |
| 3 STARFISH (231) | 6 PARADISE (161) |





MERMAID™ GOGGLES

mermaid kids' goggles

Designed with silicone eye gaskets - Creating the most gentle, watertight kids' goggle. The Mermaid™ Goggles are latex and PVC free and offer UV protection to keep your children safe during water activities. Ideal for swimmers ages 4 to 10.

STYLE: 3.45.096

- 1

SUNSET (341)
- 2

SCALES (327)
- 3

BEACH (137)
- 4

FINTASTIC (302)



MERMAID™ CAPS

Mermaid accessories allow you to instantly transform into a mermaid. The Silicone Cap reduces drag in the water and protects hair against chlorine and sun exposure. Made of 100% silicone for added durability and comfort.

STYLE: 3.25.039

- 1

CROWN (150)
- 2

PARADISE (161)
- 3

MERMAN (173)
- 4

CACTUS (182)
- 5

FLOATY (191)
- 6

SEAHORSE (204)
- 7

FLAMINGO (215)
- 8

SEASHELL (224)
- 9

STARFISH (231)



MERMAID™ DIAPERS (NAPPY)

reusable swim diaper

Dive into an enchanting underwater adventure with the FINIS Mermaid™ Collection. Reusable swim diapers are required by most swim schools and public pools and are great alternatives to disposable diapers. With a snug fit and elastic around the waist and legs, the FINIS Swim Diaper keeps solids contained and prevents leaks. Made with UPF 50+ to keep harmful UV rays away from sensitive areas.

STYLE: 5.20.016

- 1

STARFISH (231)
- 2

FINTASTIC (302)

ONLY AVAILABLE IN THE USA



POOL EQUIPMENT & ACCESSORIES



BACKSTROKE START WEDGE

adjustable, nonslip backstroke starting wedge

The Backstroke Start Wedge is FINA-compliant and can be used during training and competition as a way for swimmers to get an explosive start without slipping. Unlike expensive automatic devices, Backstroke Start Wedge is manual and can be set up multiple ways to fit all standard starting blocks. Swimmers can also easily adjust the wedge to their desired height through five different settings to optimize their backstroke start.

STYLE: 1.30.031

OLIVIA SMOLIGA
OLYMPIC GOLD MEDALIST, WORLD CHAMPION

FINA FINA FR 2.10 COMPLIANT
FOR PRACTICE & COMPETITION



ADJUSTABLE SWIMMER SETTINGS

Swimmers can easily customize the wedge height through five different settings



PRACTICE BEFORE COMPETITION

Allows swimmers to learn how to use the device, find their setting and optimize the benefits prior to competition



MANUAL SYSTEM

Much more affordable and versatile than automatic devices that allow coaches to outfit every lane with a backstroke starting device



The Backstroke Start Wedge fits all standard blocks!

Compatible with single-post, two-post, four-post and large-base blocks





JAMES GUY
2X OLYMPIC SILVER MEDALIST, WORLD CHAMPION

new!

SWIM BLOCK TRACK-START

nonslip track-start platform

Designed as an affordable way for swimmers to practice explosive race starts. The Track-Start is a platform that can be attached to your existing blocks via two methods: bolted or strapped. The bolt method is a semi permanent method requiring you to drill small holes into your block. The strap method is temporary and allows you to strap the platform onto your block when you are ready to practice with it. The Swim Block Track-Start fits all standard blocks and is FINA-compliant.

*2 installation methods: bolted (semi-permanent) or strapped (temporary).
Width: 50+ cm, Length: 50-81cm.*

STYLE: 1.30.044



POOL MIRROR

underwater mirror

Reinforced, polished aluminum provides instant visual feedback on stroke technique. Place mirror on the bottom of the pool or secure to the pool wall for flip turn feedback.

Dimensions: W 28" X H 45.5"

STYLE: 1.05.013



TURNMASTER PRO

individual lane bulkhead

Portable lane bulkhead designed to maximize lane usage. Easily installed between two lane ropes, dividing one lane into two. Built of durable vinyl ester chlorine-resistant fiberglass to withstand the impact of race speed flip turns.

2.05 M | STYLE: 1.05.106.04

2.50 M | STYLE: 1.05.106.07

① GUTTER STRAPS | STYLE: 1.05.116

② WET DECK STRAPS | STYLE: 1.05.112





new!

HANGING SWIM BENCH

swim school teaching bench

Designed to provide swim schools with an in-water teaching bench. The bench creates a sturdy, non-slip surface above the pool bottom, creating a safe and enjoyable learning experience. The Hanging Swim Bench can be attached to any pool by drilling four small holes into your pool deck, securing the platform against the wall. Made out of a uniquely molded fiberglass, the Hanging Swim Bench is built to withstand chlorine and sun damage. The Hanging Swim Bench should be used under adult supervision only.

Dimensions: 48" x 45 1/4" x 5 1/8", 64lbs

STP 1.2M | STYLE: 1.05.100



TEACHING PLATFORM

fiberglass standing deck

Submersible standing deck designed for teaching lessons in deeper water. The uniquely molded fiberglass creates a sturdy, non-slip surface above the pool bottom. Railings create a safe and clear distinction between teaching areas and can be connected to create larger platforms. Should only be used under adult supervision.

STP 1.2M | STYLE: 1.05.107.98

STP 1.8M | STYLE: 1.05.107.92



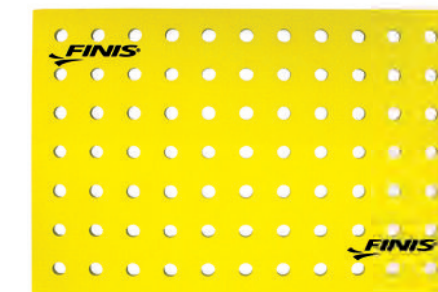
FLOATING ISLAND

learn-to-swim float for kids

Safe and fun learn-to-swim tool for swim classes, recreational poolside or open water. High-density EVA foam provides optimal buoyancy, and the holes allow water to seep through so children can build water confidence. Should only be used under adult supervision.
Dimensions: W 50" X H 35" X D 1"

STYLE: 5.40.035.06

*Larger Floating Foam Mat Available For Special Order -
Dimensions: W 79" x 39.5" x D 1"*



POSTURE TRAINER

head alignment training tool

Promotes correct head and spine alignment. When secured to back center of head, device should be undetectable until the swimmer exceeds recommended posture range. Improves alignment for all four swim strokes.

STYLE: 1.05.045



EAR PLUGS

The specialized shape conforms to ears, effectively sealing water out without going too far into the ears. 100% silicone provides maximum comfort and a secure seal. Carrying case included.

STYLE: 3.25.006.001



NOSE CLIP

Anatomic design comfortably fits most noses to keep water out. Made of a nylon material for prolonged life and pressure retention. Silicone nose pads offer maximum comfort. Carrying case included.

STYLE: 3.25.005

- 1
- BLUE (103)
- 2
- CLEAR (001)



PULLING ANKLE STRAP

Rubber strap worn around ankles to eliminate kicking. Ideally used with the Foam Pull Buoy, to immobilize legs to build upper body and stabilizing core strength.

STYLE: 1.05.052.104



DRY TOP

Patented design keeps the inner tube of the snorkel dry. An internal buoy rises when submerged to keep the snorkel dry, and falls when out of the water to allow for easy breathing. Compatible with the Original Swimmer's Snorkel (Sr. & Jr) and Glide.

STYLE: 1.05.057



CARDIO CAP

Amplifies hypoxic training to increase the ability of muscles to recover when oxygen levels are low. Because of the added intensity, hypoxic training should take place in moderation in a well-supervised environment. Compatible with the Original Swimmer's Snorkel (Sr & Jr).

STYLE: 1.05.022



FOOTBOOTIES

Soft neoprene material prevents chafing on top of feet and adds comfort when using fins or monofins.

STYLE: 1.25.001.101

AVAILABLE SIZES: **S** (04), **M** (05), **L** (06)



SKIN SOCKS

Versatile sport socks designed to protect and comfort feet. Reduces irritation against feet, effectively preventing blisters and chafing. The lightweight fabric conforms to feet during use, creating a thin and breathable layer of protection.

STYLE: 1.25.002.101

AVAILABLE SIZES: **S** (04), **M** (05), **L** (06)



WATER POLO



CUSTOM WATER POLO ZIPPERBACK & BRIEF

Personalized water polo zipperbacks and briefs featuring team colors, logos and mascots. 53% polyester and 47% PBT (polyester blended technology) provides a comfortable and durable fit. Fully lined front and back.



TEAM WATER POLO CAPS

solid team water polo caps

Durable nylon material comfortably conforms to any head shape. Secured to the head with a nylon tie, and equipped with strong plastic ear guards for protection during game play. Sold in sets, numbered 1-13 (Extension Set available 14-26). Player Number appears in three locations, bothsides and top of cap. Two red goalie caps are included in each set (#1 and #13).



- TEAM | STYLE: 6.25.008
- EXPANSION SET | STYLE: 6.25.010
- NAVY (106)
- INCLUDING TWO GOALIE CAPS (#1 AND #13)
- WHITE (100)

CUSTOM WATER POLO CAPS

Ability to customize ear guard color, number colors, fabric colors and team designs.



WATER POLO BALL

practice & competitive water polo ball

Regulation-size ball ideal for workouts and competitions. Made with a high-quality textured grip so players can skillfully handle the ball with ease. Uses a proprietary construction to hold shape and maintain consistent air pressure over time.

- STYLE: 6.25.007
- WOMEN SIZE 4 (49)
- MEN SIZE 5 (43)



SIZE CHARTS

FIT GUIDE!

Tips! Users who are in between sizes or have a wide foot, should select one size up.

LONG FLOATING FINS

YOUTH MEASUREMENTS

SIZE (CODE)	XXXXS [00]	XXXS [01]	XXS [02]
COLOR	Blue/Purple	Blue/Lime Green	Blue/Orange
US MALE	Jr 6-8	Jr 8-11	Jr 11-1
US FEMALE	Jr 6-8	Jr 8-11	Jr 11-1
EURO	24-26	26-29	29-33
COLOR-CODED BY SIZE			

ADULT MEASUREMENTS

SIZE (CODE)	XS [03]	S [04]	M [05]	L [06]	XL [07]	XXL [08]	XXXL [09]
COLOR	Blue/Yellow	Red/Black	Red/Blue	Red/Grey	Black/Red	Black/Navy	Black/Dark Green
US MALE	1-3	3-5	5-7	7-9	9-11	11-13	13-14
US FEMALE	2-4	4-6	6-8	8-10	10-12	12-14	14-15
EURO	33-35	35-37	37-39	39-42	42-44	44-46	46-47
COLOR-CODED BY SIZE							

ZOOMERS® GOLD

SIZE (CODE)	C [12]	D [13]	E [14]	F [15]	G [16]	H [17]
US MALE	3.5-5	5.5-7	7.5-8.5	9-10	10.5-11.5	11.5-13
US FEMALE	4.5-6	6.5-8	8.5-9.5	10-11	11.5-12.5	12.5-14
EURO	35-36	37-39	40-42	43-44	44-45	46-48

EDGE FINS

SIZE (CODE)	S [04]	M [05]	L [06]	XL [07]	XXL [08]
US MALE	5-7	7-9	9-11	11-13	13-15
US FEMALE	6-8	8-10	10-12	12-14	14-16
EURO	37.5-40	40-42.5	42.5-45	45-48	48-50

POSITIVE DRIVE FINS

SIZE (CODE)	XS [03]	S [04]	M [05]	L [06]	XL [07]	XXL [08]
US MALE	Y 8-13	1-3	3.5-6	6.5-8	8.5-10	10.5-13
US FEMALE	Y 8-13	2-4	4.5-7	7.5-9	9.5-11	11.5-14
EURO	31-33	34-35	36-37	38-40	41-43	44-45

Z2 GOLD ZOOMERS®

SIZE (CODE)	K12 [67]	A [68]	B [69]	C [70]	D [71]	E [72]	F [73]	G [74]	H [75]	I [76]
US MALE	K12	1-2.5	2.5-4	4.5-5	5.5-7	7.5-8.5	8.5-10	10.5-11.5	11.5-13	13.5-14.5
US FEMALE	K12	2-3.5	3.5-5	5-6.5	6.5-8	8.5-9.5	9.5-11	11.5-12.5	12.5-14	14-15.5
EURO	30-32	33-34	35-36	36-37	38-39	40-41	41-43	44-45	45-46	46-48

SHOOTER, TRAINER I & COMPETITOR

SIZE (CODE)	M [05] Blue	L [06] Green	XL [07] Orange	XXL [08] Black
US MALE	6.5-8	8.5-10	10.5-12	12.5-16
US FEMALE	7.5-9	9.5-11	11.5-13	13.5-17
EURO	38-40	41-43	43-45	46-49

EVO MONOFIN

SIZE (CODE)	S [04]	M [05]	L [06]	XL [07]
US MALE	5.5-7	7-8.5	8.5-10	10-11.5
US FEMALE	7-8.5	8.5-10	10-11.5	11.5-13
EURO	37.5-39	39-42	42-44	44.45.5

FOIL MONOFIN

SIZE (CODE)	XS [03]	S [04]	M [05]	L [06]	XL [07]
US MALE	3-5	5.5-8	8.5-10	10.5-13	13.5-15
US FEMALE	4-6	6.5-9	9.5-11	11.5-14	14.5-16
EURO	35-37	38-40	41-43	44-46	47-49

MERMAID™ FIN

US MALE	1-6
US FEMALE	2-7
EURO	33-39

**Designed for ages 6+*

AQUARIUS FIN

US MALE	4-10
US FEMALE	5-11
EURO	36-43

**Designed for ages 10+*

LUNA FIN

SIZE	S	M
US MALE	Jr 11 - 3	4 - 9
US FEMALE	Jr 11 - 3	5 - 10
EURO	Jr 28 - 35	36 - 42
AUS	Jr 11 - 2	3 - 8

**Please Note: Adjustable strap fits a variety of shoe sizes*

BOOSTER FINS

SIZE (CODE)	XXXXS [00]	XXXS [01]	XXS [02]
COLOR	Purple	Green	Orange
US JUNIOR	Jr 6-8	Jr 8-11	Jr 11-1
EU JUNIOR	24-26	26-29	29-33
COLOR-CODED BY SIZE			

FISHTAIL 2 FINS

US JUNIOR	6-11
EU JUNIOR	22-29

**Designed to be worn as soon as a child is able to walk*

INSTINCT PADDLES

SIZE	M [05]	L [06]
HAND CIRCUMFERENCE	7.5" or Less (19cm or Less)	7.5" or More (19cm or More)

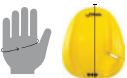
*Black circles on lower half of paddles show size: M (**), L (***)*



AGILITY PADDLES

SIZE	XS	S	M	L
RECOMMENDED FOR	YOUTH	YOUTH / ADULT	ADULT	ADULT
VERTICAL LENGTH OF PADDLE	4.7" (11.9cm)	6.5" (16.5cm)	7.25" (20.3cm)	8" (20.3cm)
HAND CIRCUMFERENCE	7" or less (17.8cm or less)	7" - 8" (17.8cm-20.3cm)	8" - 9" (20.3cm-22.9cm)	9" or more (22.9cm or more)

Black circles on lower half of paddles show size: SX (), S (*), M (**), L (***)*



ISO PADDLES

SIZE	S	M	L
RECOMMENDED FOR	YOUTH / ADULT	ADULT	ADULT
VERTICAL LENGTH OF PADDLE	6" (15.2 cm)	6.8" (17.2 cm)	7.5" (19cm)
HAND CIRCUMFERENCE	7" (17.5cm)	7" - 8" (17.5cm-20cm)	9" or more (22.9cm or more)

Black circles on lower half of paddles show size: S (), M (**), L (***)*



NOT SEEING WHAT YOU'RE LOOKING FOR?

To view other size charts and measurement guides for the following products, please visit **FINISswim.com**:

- TECH SUITS
- TRAINING SWIMWEAR
- YOUTH SWIMWEAR
- CUSTOM SWIMWEAR
- CUSTOM SWIM SHIRT
- THERMAL SWIM SHIRT
- SWIM DIAPER (NAPPY)
- TECH APPAREL

FINIS, Inc.

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Tracy, CA 95304


Available in over 65 countries





For pricing, visit us at FINISswim.com
or contact a local distributor.

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OLIVIA SMOLIGA
OLYMPIC GOLD MEDALIST, WORLD CHAMPION



Hope Floats



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Official Store

ITU
MERCHANDISE
SUPPLIER



AMERICAN SWIMMING
COACHES ASSOCIATION



DESIGNED
IN CALIFORNIA

